



Change and Development

The Existence Trilogy: Book 2

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Dedication:

To everybody, everywhere who pondered and wondered
why

Cover and internal photos by Jake

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Introduction

Hello and thank you for downloading this eBook which follows on from Life and Sentience available on this site.

Life and Sentience looks at how and why life on Earth appeared developed over billions of years and how and why that life was shaped and developed.

This development brought what would become humans to a certain point using the suns energy to make working, physical human forms, but to progress further humanity needed to be more independent from the process that had brought us into existence.

Being independent would allow humans to develop in a more unique way making us more useful to Life and Sentience through fulfilling their purpose for us and for humans to move towards gaining Personal Life.

Life and Sentience made physical life to fulfil their purpose which is for humanity to continually become more complex and to gain understanding.

Through this the Life and Sentience of this universe could flow through humans into the Life and Sentience of previous universes.

Life and Sentience shows how humans were developed to advance us and this eBook looks at what came next and where and why it all went wrong.

Previous Life and Sentience used energy essence, which is an energy program that controls the way energy works to form systems and processes in males.

Viruses were brought into existence to develop males and bacteria were brought into existence to develop females to advance pre humans to what would become modern humans and to where we are today.

Energy essence was used to form immune and nervous systems and advance brain and mental development and viruses were used to supply that energy essence which is the power that makes systems and processes work in humans, which are based on electricity.

The problem with the energy essence used was that there was no energy essence available as it was all in use.

So the energy essence of a previous universe was used as physical life couldn't advance without it, but as it came

from another universe it didn't work well in this universe, giving rise to defective functioning in humans especially in the immune system.

Viruses were used to receive streamed ideas from Previous Life, the storehouse of data obtained from previous universes, into selected males to advance them.

Bacterial energy was used to improve the immune and nervous systems and brain cells in all females, which were passed on to children and bacteria were also used to give females additional abilities.

Looking at viruses and bacteria we mostly see the harm they do and we miss how viruses and bacteria have been used to develop and shape humanity into what we are today in an ongoing process.

Bacteria in females also harvest and recycle energy from males and other sources and recycle it into children, becoming the main factor in human development.

Once modern humans came into existence through the recycling of energy through children the next step was programming males through ideas, which is permanent and exterior, and the advancing of females through their brains accumulating data, information and knowledge which can be temporary and interior.

Males supplied data or ideas and used it to form structure and societies and females used the same data or ideas to benefit the people in those societies through education,

health, socially and so on as males are more interested in things and females more interested in people.

This book covers a period of hundreds of thousands of years up to the present time and is a brief overview touching on the main factors behind change and development in humans to gradually introduce the main ideas.

So let's get started.

Thanks for the download, enjoy the book and good health X.



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[1 – Modern Humans](#)

The focus of this eBook is between 200,000 and 300,000 years ago up to the present time.

This eBook is about energies and how they were used to advance and develop what would become humans, called Homo sapiens or modern humans and how and why those modern humans continued developing into what we have become.

Life and Sentience showed that humanity was on a journey where the physical body was developed by the Physical Sentience of this universe and when that development had reached a certain point, that is where a brain started to form, Brain Sentience took up residence in that brain and took over the process of advancing human systems and processes, energy and mental development, effectively advancing humanity.

All physical life up to modern humans had been developed by the Physical Sentience of this universe passing blended energy from the sun into cells it had put together producing different forms of physical life with a developed body and basic systems, but not much more than that.

To continue development modern humans had to emerge filled with content: passion and drive, ideas and the ethics, virtues, skill, talent and everything else needed to advance humans by making us more complex and capable of advanced understanding.

Previously energy essence, which controls the way energy works, was passed into very early human males eventually advancing the immune and nervous system, forming pathways in the brain and the senses and laying down the basic framework for all the electrical systems in the male body.

Through mating children acquired these advancements especially females who don't receive energy essence directly as it only goes to males and has a pioneering, advancing effect.

Males and females would receive different upgrades from different sources such as energy essence and viruses for males and the energies of and from different bacteria for females and these upgrades would pass on to male and female descendents through children.

Over time physical life developed becoming the forerunners of modern humans, but the problem was the sun's energy couldn't deliver the energy needed to advance these forerunners of modern humans any further.

The sun's energy could not develop those pre modern humans to have content such as drive, passion, emotions, ethics and virtues, intellect, advanced mental functions and a personal self leading to complexity and the ability to gain understanding that Previous Life and Sentience required from us.

Using the sun's energy Physical Sentience had developed physical life to about the level of primates, but couldn't develop life any further.

So Brain Sentience took over the development of humanity through a program of selectively breeding those forerunners of modern humans of long ago recycling their energy to accelerate their development.

Brain Sentience exists in all mobile physical life that has a brain and is an extension of Previous Sentience which it is still connected to like a power socket in a home is connected to a power station.

This new system would move the development of other mammals forward as well, but not too far bringing them to the point where they have today gained some basic emotional and mental content.

In the background to this also driving human development would be Brain Sentience which has moved humanity to where it is today and is still working expressing itself differently through females and males.

Brain Sentience used energy essence from previous universes, passed into males through viruses, to lay down essential systems and processes in pre-human males, also improving them physically and then the power in the soil and soil bacteria of this universe were used to advance females.

Energy essence had to be taken from previous universes as it's only recently that the energy essence of this universe has become available to use through using The Therapy, but the energy essence from previous

universes doesn't work that well in this universe causing problems, but it was all that was available at that time.

Power in the soil was passed through soil bacteria and then transmitted into soil bacteria in females and energy essence is passed through viruses into males and this basic method was used to advance female and male pre-humans, with personal selves being added to females and males and received ideas passed into males later.

The two were kept separate although both viruses and bacteria act as receivers.

Only males received energy essence and virus energy through viruses and only females received power from the soil and bacterial energy from bacteria.

Receiving energy from different sources developed those pre-humans in different ways with females gaining emotional content and males more intellectual and abstract.

It also allowed the Brain Sentience in each a different expression through them with females becoming internal, emotional and more self focused and males becoming more external, detached and physical.

Programming ideas received from Previous Life were expressed through males by programming food energy enabling males to build and construct making less emotional males more interested in things and structures, but that all came much later.

Females gained feelings, emotions and life experiences through bacteria making females more interested in people, living things and having emotional content.

Females also gained the energy of bacteria linking them to nature, the beauty of the world around them and improving the way their internal systems worked.

During the transformation that produced modern humans bacterial energy was used to improve the immune and nervous system and the brain in females with these improvements being passed on to males children.

These systems improved in humans were already in place formed from and by energy essence and adding bacterial energy to them added to their abilities and functions especially the immune system and brain.

The arrival of the personal self about 6,000 years ago changed the energy content of humans from active to violent with males expressing that violence physically and females expressing it emotionally.

This violent energy was the result of corruption, damage and distortion done to received programming ideas in males, violent energy which would be passed on, indirectly, to children.

2 – Energy Essence

Energy essence is a programming power, not energy.

The energy essence of this universe couldn't be used by Brain Sentience to form new systems to advance humans and other forms of life as it bonds to different energies in the sun as they appear as hydrogen melts programming those emerging energies giving them abilities making the energy essence once bonded unusable as pure, unbounded energy essence is needed.

Once energy essence is bonded Brain Sentience is unable to program it to form systems in humans, but it can be programmed by the energy it's bonded to forming a programming loop that continues to program the energy essence it's bonded with.

When energy is released from hydrogen burning in the sun it's programmed by Physical Sentience which is also emerging from the burning hydrogen at the same time with energy essence also emerging to give the emerging energy properties so they interact and work with matter, especially the matter of the Earth.

For example Inferred radiation produces heat in matter; light energy produces sight in living things, radio energy produce communication skills in advanced life, not just humans, all of which is an expression of the

properties or abilities of different energies programmed into them by energy essence able to produce systems through which processes work in humans and all life.

Energy essence is used to do this rather than Brain Sentience doing it directly because if brain Sentience programmed energy directly it would tie humans to it for as long as humanity existed ending one of the long term purposes of Life and Sentience that of producing Personal Life independent of it, a creative force in the universe, so flawed energy essence was used from a previous universe by Brain Sentience.

Once advanced physical life reached a certain point in development just before modern humans appeared, energy essence was used to program energy in the physical body by Brain Sentience.

Up to then Physical Sentience has formed and developed physical life by using the suns energy directly and the blended energy from the Earth.

Energy essence is the programming power that forms new systems in living things and continually improves them and those systems regulate how all energy works in physical life.

Once the systems are formed using the energy essence from a previous universe then the energy of this universe, electricity which also gains its abilities and functions from energy essence, is also used to by those systems to perform advanced functions in the physical body which can be detected and monitored by humans.

Energy essence is undetectable and can't work directly through the substance of this universe as it's too dense which is true for both the energy essence of this universe and that used from a previous one, but it can programme energy to work through and to work in this universe.

Once the energy essence of this universe is bonded with electrical energy it regulates how electricity works, not what it is which is the suns energy flowing through matter.

The energy essence of this universe, once bonded into energy, can't be programmed to do anything else, such as to produce the energy systems in living things, as the energy, energy essence is bonded to continually program it forming a programming loop locking them both together.

To be able to use the energy essence of this universe the energy essence would need to be split from the energy it's bonded to producing pure energy essence and such a process hasn't existed until recently as energy essence was always immediately bonded to some form of energy in the sun.

In this universe energy essence is produced from the sun as it burns bonding with all the energies given off acting as a program, giving each one a different set of rules to work by producing physical laws.

In our sun the streaming through of Life and Sentience ignites it through friction, like striking a match, as the Life and Sentience has just enough physical presence to do that releasing energy essence and energy which bonds together.

This friction process in the sun is also the reason why friction exists in this universe and this is also the origin of burning and combustion with the first spark, the first form of fire, coming from the passage of Life and Sentience into this universe.

The bonding process of energy essence to energy also sustains the suns fusion process.

Being bonded is why the energy essence of this universe couldn't be used in the formation and development of physical life here, but pure energy essence imported by Previous Life from a previous universe could be used, pure because towards the end of the life of a universe energy essence, and the energy it's bonded to separate.

The energy essence then becomes part of Previous Life while the energy of that universe stays behind.

Only in recent times with the development of The Therapy did pure energy essence of this universe become available.

The Therapy splits energy essence from electrical energy supplied from batteries by filtering it through putty filters, but up to now the pure form of energy essence of this universe wasn't available.

So pure energy essence, imported from previous universes by Previous Life, was used to advance physical life here as it was close enough to the energy of this universe to work here and form the necessary systems, although it's not fully compatible with the matter and energy here.

Pure energy essence was used in physical life here to form and program the systems of physical life such as in the brain, immune and nervous system which could then use electrical energy of this universe supplied from the chemicals here in food, but they're not a good match and don't work well together like trying to run an old legacy program on a new computer operating system.

Energy essence is received by males which continually improve the systems in males advancing male development.

Through mating these improvements are passed on to females who pass them on to children.

The use of energy essence from a previous universe opens the door to illness and the destabilising of humans and the systems and processes within us.

The use of energy essence from a previous universe allowed humanity to develop, but leaves humans open to mental, emotional and physical illness and needs to be replaced with the pure energy essence of this universe which is what The Therapy does making the physical systems and processes within us function more efficiently and are more robust.

More efficient functioning means the immune system is able to purge the cells of harmful, toxic energy which cause so many illnesses.

After that the processes and systems are purged of usually toxic and polluted energy such as from car exhausts lodged which when lodged deep in the systems of the back causes the back and joint pain known as rheumatoid arthritis which exists in just about everybody.

It's instructive to watch the purging of the layers of the body once The Therapy has been used from start to finish as it's done in sequence.

More pathways can be added to the brain with the nervous system inflated by pumping more energy down the nerve fibres making them more robust to infection and stress and allowing the nervous system up to receive more information which is fed into the brain with its newly added capacity.

Energy essence was imported from Previous Life into the pre modern humans long ago to form the systems and processes of basic immune and nervous systems, form pathways in the brain enlarging it and form any system or process in the body requiring energy essence.

Improvements were done over millennia as the brain needed thousands of years to enlarge with new pathways before programming ideas could be received and thought and memory would be needed.

Energy essence from a previous universe can't be detected due to its place of origin which also produces problems with thought and memory making it hard for thought to work things out also producing a poor memory failing as a person's life progresses.

The plan of Brain Sentience was to use energy essence from a previous universe to form and advance physical life and then replace that energy essence when stored electrical power from batteries providing the energy essence of this universe became available, as mains generated electrical energy is incompatible with humans.

For humans to replace the old energy essence within us with the energy essence of this universe would be a breakthrough in understanding leading to huge changes in us by having a more suitable, uncorrupted operating system, systems and processes signalling we are ready to progress.

Once humans have used The Therapy from start to finish and received all the energy essence from the sessions that energy essence will replace the old energy essence from a previous universe in their bodies so their bodies will function more efficiently.

3 – Viruses

Viruses are very significant in the development of humanity as males are virtually an expression of viruses and viruses are the expression and constructed from energy essence.

Energy essence is controlled by the immune system which is the expression of Brain Sentience.

So viruses which enable the functioning of males and give males abilities to carry out those functions do so because Brain Sentience is forming and controlling them.

Viruses, which modify males and bacteria, which modify females, act in parallel to each other.

Much of the development of physical life also acts in parallel, such as viruses and bacteria, the split in life generally into male and female, the sperm and the egg and male and female humans.

This is to keep everything in balance so one side doesn't get bigger than the other especially in humans because physical life can only develop and advance when the two sides are in balance.

The different blended energies that form male and female bodies are passed into cells by Physical Sentience establishing the form and basic characteristics of those bodies making a template.

Male and female blended energy is passed into all cells, but where there is more male energy male children are produced and where more female energy goes into the cells, female children are produced.

This establishes male and female bodies or the sex of human bodies and is the basic human body or human template.

It's like a new computer before an operating system is installed which is a close parallel to the way males function but females while similar are more organic with less boundaries and restrictions than males.

Human male and female bodies are defined by physical characteristics such as internal or external reproduction equipment and females giving birth and recycling energy into children, with different energies passed into male bodies from viruses and for females from bacteria.

It's these energies from viruses and bacteria that enable humans, male and female to develop and progress as individuals and as a group.

Females giving birth and the act of conception are very significant as it happens not just with children, but also in society where females release huge amounts of energy every time an unfertilised egg passes from the female body to form a background energy supporting a settlement or society.

This is felt and terms, such as concepts, from conception and giving birth, to ideas, the energy of which supports the expression of received male ideas like a chalk board to chalk.

Virus energy, while developing systems and processes in males and bacteria giving emotional and human content in females, also establishes itself near the surface of the male body supplying it with what may be called its nature and tendencies and what's perceived as male energies, which is the energy of the viruses.

These virus energies, which originate from Previous Life varies from male to male with some getting a lot some a little due to the energy received acting as a wave going from high to low about twelve times a year or once and month in a constant cycle.

Males also receive female energy through the birth process which will be looked at further on.

Viruses have been made to, amongst other things, pass on the characteristics and abilities of different viruses into human systems, for instance making the way an immune system works and detects making its actions hostile, attacking and able to kill.

Energy essence from previous universes is passed into male physical life in this universe through viruses which act as a gateway enabling old energy essence to form systems and fill processes with suitable energy in the male humans of this universe.

Many millions of different viruses have to be in a male body to receive a large stream of energy essence flowing into that person and the blueprints that form viruses are the product of previous universes stored in Previous Life.

Viruses are based on blueprints from a previous universe producing programs which form a local, physical gateway in the flow of energy essence which we call viruses and as energy essence isn't alive, neither are viruses.

Energy essence isn't detectable in humans and neither is the programming streaming within it.

Energy essence forms the physical particle we call a virus using the matter of this universe which changes the energy essence passing through it enough enabling the old energy essence to use the energy in this universe to form systems and processes in human males.

For old energy essence to stream into a male receivers and transformers are needed in the male which are viruses.

Passing the energy essence of this universe into a person through the use of The Therapy isn't reliant on viruses being in a person to receive or enable that energy essence to work in humans and is the first step towards humans taking over human development which is necessary for humans to advance towards Personal Life.

Once formed that physical particle, or virus, can move about from human male to female, but it can also be streamed directly into males through energy essence as a program, forming a virus, or many millions of viruses within a person.

Many different types of viruses are formed, different due to their different programming giving rise to a different chemical composition and viruses

are negatively charged particle and the human body is slightly positively charged outside cells.

Human cells are negatively charged inside cells which is why viruses need to enter a cell to reproduce using cell material within and the negatively charged energy to power the process.

The Therapy raises the positive electrical charge in the systems of the human body which is under the control of the immune system allowing it to allow in wanted viruses and to repel unwanted ones.

Most viruses are harmless and don't have the ability to produce symptoms, yet they do or appear to.

The symptoms come from the reaction to viruses by harmful energy, usually polluted energy from car exhausts, already lodged in the systems of the body which over time will produce symptoms or the illness called rheumatoid arthritis, if the systems of the back and legs are filled with polluted energy and migraine, asthma and associated congestive conditions, if the systems on the front of the body are.

Early on in a person's life, before the pollution level has built up in a person's systems to the point where it causes joint inflammation and joint pain with rheumatoid arthritis or migraine, asthma and congestive conditions, there is enough polluted energy in the systems to cause symptoms when provoked by viruses, symptoms associated with the virus, because when the virus has gone the symptoms go, but really the harmful energy has settled down.

Most times viruses are in maintenance mode supplying energy essence at a low constant rate supporting males set on a course of action expressing a main idea, or more usually supporting a male expressing a main idea, but occasionally males need a powerful amount of energy essence to shock them into action.

This is done by flooding the male systems with a huge viral load which pass on powerful main ideas and supporting ideas which can give rise to a once in a lifetime insight having a powerful effect on others, or be continuous

giving a male powerful, main ideas ongoing throughout life changing society.

These powerful infections by viruses sweep through the males in society inspiring most males a little, but others a huge amount who go on to change society with the type and amount of viruses infecting males depending on where humans were in personal development and in society.

Looking back over the last few centuries viral infections have been continuous and substantial to inspire males who change the society they live in and once the viruses had delivered energy essence and ideas the immune system disposes of them making way for the next wave of viruses or the agitated toxic energy could develop into an illness perhaps even leading to death.

The symptoms associated with viral infection are the result of toxic pollution in the body being agitated by the vast amounts of energy essence entering the female body producing symptoms.

In females the viruses enters in vast numbers agitating existing toxic energy in the female causing symptoms, but no energy essence is passed into the body, no ideas are received and over time the virus is disposed of by the immune system, or again the agitated toxic energy could lead to illness and even death.

Over time energy essence passing through different viruses was added to the immune system in males to transform it in different ways adding to its abilities and from the immune system all other electrical systems are supplied continuously with modified energy essence improving them.

The immune system was regulated by Brain Sentience which programmed the immune system to ignore needed viruses so they stay unharmed in the body constantly supplying energy essence.

As viruses are formed from the energy essence from a previous universe they can be very difficult to combat and a challenge for modern scientists to defeat, which means humans have to try harder and understand better, a desired effect.

Viruses are distorted or twisted being made up of previous universe energy essence and matter from this one.

This distortion in viruses produces stress and unease in the electrical systems of a living body and is always present as viruses need to be in the human body in order to stream and modify or program energy essence sent from Previous Life.

To begin with pre modern humans received a weak, inefficient, basic immune and nervous system powered by previous universe energy essence which was strengthened by Brain Sentience adding more energy essence and the different energies and abilities of viruses over time which made the immune system an extension or expression of viruses having the same abilities as those viruses.

Increasing the energy essence content increased the power of immune systems and their ability to detect damage and kill which is the action and expression of viruses.

Pure energy essence is passive, a tool used to power and programme systems, but as it passed through certain viruses to enter the human body those viruses passed on their specialised characteristics making the immune system programmed by energy essence active, attacking and powerful and able to kill which is what the immune system does to pathogens, especially bacteria.

Programming energy essence in this way making it active and powerful able to kill didn't just stay with the immune system, but males were also programmed in the same way giving males the active power needed to build and shape the world.

Males also acquired the ability to kill an extension of the immune system.

Emotions also arrived in males through energy essence as supportive ideas in males and are artificial due to their source, but are the origin of emotions in both males and later females.

Emotions are given males when the male brain has developed far enough in order to guide males in situations and to aid in the correct expression of main ideas and to develop those ideas, but it's left up to the male brain to assign the emotions to give certain situations and events emotional content and to react appropriately.

Emotions give humans a common framework and when we all feel the same there is more cohesion and working together helping advancement and development, but although emotions are called the same in males and females they are completely different with deeper emotional content in females due to the addition of meaning and the power of the Earth.

Emotions are passed to females to enable them to support males and guide and care for children paralleling the way supportive ideas help and guide males expressing main ideas.

Females also see humanity as an extension of the child and wishes to guide and care for all humans for which they will unify their energies.

Emotions are passed on to females after the death of males when the emotions go into the Earth to become meaningful when encountering the meaning in dense matter and they also gain the power of the Earth.

From the Earth these emotions, now more authentic and real due to them gaining meaning and power are recycled on into females through bacteria in the soil.

Over time females will be born with powerful emotions and they will still receive emotional energy from bacteria in the soil during their lifetime.

These emotions are completely different than feelings which generally come from the type of food consumed which are of the body and the sensations of the body.

This isn't the origin of all emotions, just those which can help and support the expression of ideas, in males and care and personal behaviour in females.

Fear, pain, terror and joy, for example have different origins.

Energy essence in males was and is constantly being supplied through viruses in the male body, but the limited amounts of energy essence passed on to female children was and is only enough to programme their immune system which programmed other systems, so females were not turned directly active and powerful the way males were as they have a different purpose which is to accumulate, improve and recycle energy into children and then to guide and care for their upbringing.

4 – Soil Energy.

Energy essence can program, be programmed and be added to, but only in living things.

The immune system in females and males was now able to kill bacteria filled with soil energy in both females and males, but only in females is this soil energy harvested and used to upgrade the female systems by bonding to existing energy essence transforming and adding bacterial abilities to it.

Females also gain emotions from harvested soil energy that have passed into the Earth from males upon death which become emotions transformed by meaning and power giving them more depth.

Meaning, that is authenticity or the validation of physical life, comes into existence when the suns energy comes into contact with dense matter producing meaning in the soil which happens in the Earth.

Soil energy in the Earth which includes transformed emotions passes into soil bacteria when that bacteria process organic material in the soil which comes from physical life which has passed, especially human life, and everything that grows.

Emotions processed by bacterial produce an emotion energy or condition which is transmitted by billions of bacteria, along with other energies from the soil, into soil bacteria living in females all over the world.

This becomes a continuous source of emotional energy in females supplied by soil bacteria which are not killed by the immune system with their soil

energy harvested.

The vast majority of bacteria in females are not killed and the bacteria and soil energy they contain links together throughout the female body to form a connected energy network.

This energy network is passed on to female children acting as the basis for female existence which can be added to and built upon and females who have this still receive transmitted energy from bacteria in the soil all their lives.

The soil energy of the bacteria that are killed by the immune system, which selects the bacteria wanted for the soil energy they contain, passes into the energy network in females, a process that only works in females although male children can inherit the benefits.

Soil energy passed into the energy network in females is used to improve systems, processes and the brain improvements which are passed on children both male and female.

Bacterial energy from the soil in females and energy essence passed into males separates females and males into two entirely different sexes and characterises gender and makes females more localised, receiving from the Earth and males more cloud based, receiving from Previous Life.

This makes females able to store and process data efficiently and they tend to enter professions where these skills are needed.

Female children receive soil energy from bacteria all through their lives improving systems such as the immune and nervous systems and developing the brain.

Females also gain an appreciation of beauty from the power of the Earth which is also transmitted to females from the soil through soil bacteria.

Males only receive improvements and benefits to systems, processes and the brain at conception and in the womb, nothing more after being born as males don't receive soil energy from soil bacteria directly.

This means that females develop faster than males and are more advanced in terms of biology and tend to be a transforming influence in society always advancing the social side.

The way females behave derives from the action and behaviour of bacteria.

The way bacteria propagate and stick together after they divide is reflected in female behaviour and the cell division in bacteria is reflected in female conception and giving birth.

The act of conception is fundamental to everything that lives and conception, where energies come together to form something different and more advanced, happens not just to produce children, but in many other aspects of human existence being the forerunner of everything humans do.

Females receive a limited amount of energy essence during mating, to be passed on to female children and males receive a limited amount of the benefit of soil energy from conception until birth, so the two processes parallel each other, but male and female energy systems are kept separate and different as females and males have different purposes.

Giving the immune system the abilities and character of viruses was a done by Brain Sentience to program, or imprint the human immune system to kill pathogens especially selected soil bacteria, so the soil energy in them could be harvested and used by the female immune system to improve systems.

Improvements from viruses to the male nervous system made it more sensitive to objects, space, distance, surroundings, speed and other abilities not alive, becoming male abilities which were passed on to females through mating.

Females received improvements to their immune systems which improved other systems under the direction of Brain Sentience and when meaningful soil energy reaches the brain it fuses with thought making it more meaningful with depth giving the female a finer feeling and control over

her body and an appreciation of that control in others in, for example arts and dance.

Females were given mostly soil and bacterial energy to improve their immune/nervous systems and brain functions and bacteria being alive passed on some of their Life and Sentience into those systems which were passed on to children.

The energy network in the female acts as a platform during life which supports females mostly emotionally as the strength in females comes from emotions, but the platform is becoming weaker as it's being supplied with less energy from bacterial in the soil.

This is due to bacterial being killed through pesticides, over farming of land making the soil worthless and the tendency towards cremation giving less human organic material to process.

Also energy from pesticides and polluted insects killed by them is transmitted into the female energy platform and from there into the female energy network becoming illnesses such as rheumatoid arthritis, migraines and mental conditions.

The energy from insects and pesticides in the female energy platform and network combines with female emotions making them vicious and spiteful, which seek an outlet by attacking males, as males are more vulnerable to an emotional attack, producing more conflict and damage in males.

The emotional well being poisoned by insect and pesticide energy in females leads to mental and emotional abuse, by females and the high volume of toxic, polluted energy tends to replace clean soil energy transmitted into females, which then goes on to become the main energy being expressed.

Once the emotion platform weakens through the lack of soil energy being supplied, female emotions detach from the supporting platform causing erratic behaviour, mental problems, and self centred emotional activity with the brain processing data in a distorted way.

Once the female energy platform has reduced female energy, male energy absorbed from males, becomes strong enough to dominate and take over producing male like behaviour and attitudes producing some females, when the male energy is strong enough, to become virtual or synthetic males.

Females with a weakened female energy will lose confidence and try to be like males in an attempt to find strength and feel worthwhile.

Other forms of physical life were also given the same processes to develop them and so go through the same damage as males and females, but at a much lower level with less energy essence and soil energy, which was all under the control of Brain Sentience in higher forms such as mammals and the Physical Sentience of planet Earth.

5 – Programming Ideas

Programming ideas were and still are streamed from outside human existence from Previous Life programming old energy essence which in turn programmes male energy via the intellect to produce action and the expression of those ideas in the world, or directly via viruses improving male internal systems.

Energy essence forms the systems in the male body then viruses programme the male immune system which then programmes the nervous system, brain and all other systems in males giving them virus characteristics making them active, giving males the purpose of viruses which is to infect, attack and kill, but only in self defence after being attacked expressing the programming of the immune system.

Males also take on the direction or pathway of viruses, which is forward in a straight line.

The immune system responds to being attacked which gives rise to a defensive feeling in males which imprints thought making it defensive and responsive.

For example thought only responds when symptoms appear so formulating treatments with illnesses and dealing with crimes once they have been committed.

Thought also does this to every situation encountered that's why all organisations built by thought alone respond and are defensive making those organisations unable to change.

Thought tries to deal with situations after they have happened working this way because it's been programmed, or imprinted by immune system characteristics.

It's all thought can do though because other mental abilities need to be used before it such as perception, insight and understanding which exist in the energy world, with the results of understanding passed on to thought which then works out how to express that understanding and communicate it in the real, physical world.

But thought is disconnected from the mental functions that need to be used first, so it tries to work things out and act upon its own ideas independently, which leads to problems.

All the improvements made to male systems go into the male reproductive system to be passed on to females during mating who pass them on to children, especially female children.

Physical programming ideas that males receive from viruses have a permanent effect on males making male systems fixed until they are improved by further programming ideas also received from viruses.

Programming ideas received by the male intellect from viruses are also permanently fixing a males course and direction in life, but this isn't passed on to females although the female brain can construct an intellect for processing data, but such an intellect will not receive ideas from outside, but will form ideas from real world data usually concerning people rather than things.

A female intellect will form in the energy platform, or network within females and so will operate differently from a male intellect having ideas that are more short term and immediate to do with people.

Main ideas received by males are always long term, big, requiring a lot of thought and planning usually with males working in groups, joining with other groups of males on major projects if needed with results having a big change on society, which since the beginning of the industrial revolution has been the rapid advancement of technology and innovation or the male ability to work with and develop things.

In contrast over the same period as females have had more input into society, at least in the West, social and care programs have become important with females working in groups where their reproductive energy harmonises.

Males can have short term, small ideas but these are the product of the male brain and are not received externally via programmed energy essence from Previous Life streaming through billions of viruses in males, enough to concentrate the flow.

Small ideas come from the brain processing data same as with females though with females being interested more in people and life and males interested in things the outcome is different.

For example a females will be interested in a phone or game machine because it connects to people whereas male interest will be in the functionality and ability of the device itself.

Over time an intellect will form in the male brain which receives programming ideas externally from Previous Life and acts as a holding area where the received ideas are unpacked or released then realised, producing action in the world such as invention, innovation, improvement, building and discovery.

Supportive ideas also provide pleasure guiding and motivating progress making it feel it's going well and giving a job a well done feeling when completed.

Other received programming ideas would go on to form a personal self and the personality needed to express those received ideas into the world or physical existence.

In males the personal self or what we call me is the result of streaming ideas from Previous Life producing an intellect which is artificial and without true meaning or emotion which are female qualities.

This can be seen when intellectual ideas are pursued without regard for people or consequence, for example making better weapons with no or little regard for what they do and ignoring the harmful side effects of a technology even when they become apparent.

Some say this is due to the pursuit of money, but it's really the pursuit of knowledge done to expand power, gaining it at all costs which drives growth and expansion that crosses lines which shouldn't be crossed due to human males failing to use restraint and foresight, only thought.

Programming ideas form a personal self in males by anchoring themselves into the flow of energy essence in the brain forming a centre around which more energy essence builds forming layers of what humans see as personality, like a pearl forming.

Once a received idea has been acted upon and revealed to the world it can go into memory or the memory of others watching becoming available to all, resurrected from memory as knowledge which is lifeless and the past becoming the expression of males.

Received ideas quite often need to be shown not told in order for the observer to receive the energy of the idea, prompting their own realisation.

The long term memory of males isn't stored in the brain, but in the fabric of Present Sentience in space, giving males a faraway look when remembering old memories.

This can also make males absent minded and slow to remember as they get older due to the brain becoming clogged with illness and various

conditions and needing to make a very long distance connection.

Females do store all memories in the brain which makes females quicker to access memory and respond and helps females to be more focused, organised and able to process data quickly.

Once an idea has gone into memory a person can then be programmed from memory to reproduce an idea and even improve on it, but only after the intellect has revealed the ideas received from Previous Life, like a revelation.

Main received ideas that reveal something completely new are given to a few males at a time otherwise the world would be awash with ideas with no direction, everybody going everywhere and over the last few hundred years the received ideas have been mostly technical producing industrialisation and technology instead of artistic which came previously.

The point of ideas is for humans to investigate more complex situations advancing our understanding.

In males the brain can be programmed from memory to use basic tools such as hammers and saws, drive, work repetitively and function in a basic way drawing on experience, but to invent and discover new things never before discovered or thought about needs received programming ideas.

The only alternative to receiving programming ideas is to be creative which means producing our own ideas, but for that to happen humans need to receive creative energy with the cells of the brain filled with it, expressing it.

At this time males don't receive creative energy as more progress and development are needed and the link with received programming ideas needs to end as a person can't be creative, which includes spontaneity and freedom and be programmed at the same time, but creative people can program other brain functions such as thought.

Males have an intellect which receives programming ideas which starts small, building up a framework within a group of males which can last for

hundreds of years which makes males more interested in discovery and invention from received ideas than using memory.

Experience isn't the result of memory, but the maturing, understanding and expression of received programming ideas.

At this time human males are programmed entities and nothing more, but by becoming more complex through the gaining of understanding and living in a very complex, demanding technical society, at least in the more advanced parts of the world, human males are moving towards a free, creative state.

It's not easy, but no one said it would be and at this time we fare much better than our ancestors.

This isn't the pathway forwards for females who are driven and respond to emotions, not ideas.

Both males and females need to harmonise all the internal energy within them with males then building a staircase of understanding towards making a connection with Previous Life becoming Personal Life as a separate entity within it able to reincarnate into physical form if they wish to help human progress, but not many do, usually only at times of crisis or great change.

The way towards Personal Life for males is technical, but this is not for females who are emotional and artistic bonded to the Power of the Earth which sustains females.

After their internal energies have harmonised becoming one, females then can become fully one with the Power of the Earth, whereas before they are connected and sustained, but separate.

Becoming fully one with the Power of the Earth is a powerful experience and hardly ever seen as females, even gifted ones, only seem to express the Power of the Earth partially as they haven't become one with it.

This is because the content received by females from the soil is toxic and contaminated stopping females from progressing, but after using The Therapy females will receive the energy from the soil and the Power of the

Earth and everything else pure with all the toxic and polluted energy filtered out ongoing and the females seen then and with their subsequent development, will be beyond words.

From there it's possible for females to join with Previous Life to become Personal Life, taking the Power of the Earth and everything given from the soil into Previous Life enriching it.

When received programming ideas are undamaged the framework produced over time between males working together can give rise to civilisations, but when the received ideas are damaged, wars, empires and oppression can be the result.

Programming by the intellect with received ideas gives males ability, purpose and a direction making them useful and able to do beneficial things in the world and to develop and extend the progress of humans.

Occasionally some children receive vast amounts of programming ideas that turn them into prodigies displaying great skill and ability which is also received as programming ideas from Previous Life.

6 – Male Violence

When received programming ideas stored in the intellect are corrupted, damaged and changed by internal and external conflict and the energy of abuse those ideas change from being beneficial and controlled with drive and purpose into something random, harmful and explosive.

Conflicted and abusive energies in a male are able to damage old energy essence that is streaming programming ideas as that energy essence comes from a different universe and is more vulnerable to conflicted and abusive energies than the energy essence of this universe would be and the conflict and abuse corrupts, damages and changes the received ideas stored in the intellect waiting to be put to use.

Even though the programming ideas can be corrupted, damaged and changed, they can still program the physical energy of the male body,

obtained from food, with the corrupted, damaged and changed ideas now able to express themselves by exploding outwards, physically as violence.

This process is the origin of male violence.

Violent energy is the product of the programming done by corrupted, damaged and distorted programming ideas which have lost their purpose and control producing programmed violent energy which is forced upon others as direct physical violence, or in society through enforcement.

Male energy then becomes the energy of violence powering all male expression from speech to action and thought and everything else and as all males are in conflict and have received abuse and all males have received ideas that become damaged producing violent energy, all males are violent.

This is not a judgement on males or a condemnation, but the study of a process in order to understand it as is everything in these books.

The programming ideas received by the intellect contains, not just main received ideas and their purpose, but also the means to carry out the main ideas, supportive ideas such as ethics, virtues, judgement, drive, power, enthusiasm, technical expression, skill, ability, tenacity, vision and anything else needed to put those main ideas into action.

Also arriving as supportive ideas are ideas such as adoration, which are a received idea inspiring and aiding perception, and pleasure felt when received ideas are successfully put into practice and when their goals are achieved and it's the corruption of these two ideas, adoration and pleasure, by conflict that produces many other corrupted ideas.

So adoration bonds a person to the received ideas forming a link through which understanding can be gained and pleasure helps ideas to be expressed wisely and feel the pleasure of doing so.

These ideas when uncorrupted or undamaged are completely different to how they are felt and expressed when corrupted and damaged.

When corrupted and damaged both become forms of addiction which drives male human endeavour especially the pleasure felt in expressing

violence and gaining power.

Corrupted or damaged adoration and pleasure gives rise to what's seen and labelled as other ideas, but are really versions of corrupted or damaged adoration and pleasure such as amusement, awe, confusion, contempt, disappointment, distress and sadness.

At this point in males the ideas motivate and encourage males, but they do not have the meaning, power or authenticity of emotions as they are constructed artificial programs without life, but can become emotions when they enter the soil upon the passing of a male.

Some supportive programming ideas also form the basis of the personal self in the individual male which originally was formed to be the means of governing the development, correct use and application and everything else concerning the expression of main ideas like an operating system in a computer.

A main idea is for the benefit of others, such as the discovery and use of fire, the wheel, the printing press, discovery and use of electricity or anaesthetic, pain killers or antibiotics, and along with the main idea comes supportive development ideas including ethics and virtue which are ideas to use a main idea correctly and to govern the male's response to situations and to act honourably with decency expressed through a personal self.

Upon the passing of males the ideas pass into the soil to gain the meaning, power and substance or authenticity in the soil to be transformed into emotions which are passed on into females who are then motivated by them into helping and caring for people which is where the female interest lies.

These transformed ideas into emotions along with other content from the soil will also form the basis of the female personal self which is beneficial when the original ideas aren't corrupted, damaged and distorted, but when they are females expresses them as emotional and mental abuse.

In males supportive, development ideas form the basis of the personal self which then acquires an identity and a feeling of existing or being which is generated from the small amount of meaning these ideas gain when they enter this universe passing through viruses going from forms of energy to more physical forms of energy able to work, operate and programme on the physical level.

A personal self forms, which is the means to express received ideas and in the gaining of an identity the personal self unifies and has control over the received ideas that make it up acquiring characteristics and abilities, spun off from supportive ideas that contribute to a male personality.

Without damage things would work well and human males would express the ideas in the world in the way intended, without violence and the drive for power, but the supporting ideas there to help express main ideas properly become damaged through illness, internal conflict and emotional and mental abuse which means the individual male is damaged, with all males being damaged in the same way, producing the same outcome, violent energy.

Through conflict which begins as the destructive criticism from others, mostly females, those supportive programming ideas which form the personal self become more corrupted, damaged and distorted with all the damaged supporting ideas in conflict with each other producing further damage to supporting ideas and a more vicious type of violent energy.

This vicious, violent energy turns inward causing damage internally before turning outwards.

The main idea tends not to get corrupted, damaged or distorted too much as they are for everybody and contain a tremendous amount of energy when released to pass on to others and so are very robust, but the ideas that form the personal self contain just enough energy for one person and so are much weaker and can be damaged, distorted and corrupted.

So only the supportive programming of received ideas that go on to form the personal self gets corrupted, damaged and distorted.

Old energy essence, which is both the carrier of programs and forms the programs, allows received supportive programming ideas to be damaged.

This happens because old energy essence, from a previous universe, is weaker in this universe than the energy essence of this universe, so allowing different forms conflict and abuse to cause damage.

The damage to supportive ideas happens before they form the personal self and continues after as destructive criticism is a powerful energy like acid as it contains the energy of insects which sting and poison and insecticides which kill.

Once the personal self forms the internal conflict is massive between damaged programs and so the damage is self sustained spurred along by destructive criticism from others.

Although the ideas are referred to as supportive programming here, like a computer or game program, one big difference is the ideas can still programme energy even when heavily corrupted, damaged and distorted, directly imprinting the body's food energy making it a reflection of itself and violent.

Not all the supportive programming ideas are corrupted, damaged and distorted evenly in the same way and early on thousands of years ago civilisations arose, along with science, art, great skill and so on in a peaceful way due to very little damage to the ideas, but as the personal self became more damaged, producing powerful internal conflict in turn producing violent energy with a damaged purpose, civilisations became empire and art and science were used for war.

In recent times the damage to males and females has accelerated producing world wars, genocides, atrocities, mass violence, fear and hatred and the pursuit of power used to harm.

Harmful toxic energies from insects, pollutants and chemicals have entered human energy increasing the damage in a vicious almost hateful way especially from insect energy which quite often is poisonous to humans anyway.

Mains electricity, not battery electricity, also has a tremendous damaging effect on the supportive programming that makes up the personal self in males through induction, along with the burning of fossil fuels because they both give off a damaging electromagnetic field which has accelerated the damage done to the human male personal self since they were introduced.

Mains electricity also adds to and increases violent energy in males and females through induction.

Drug and alcohol use now is widespread, substances people take to try and escape the internal horror produced by a damaged personal self, which lowers the internal barriers to violence allowing it to be expressed.

Escaping the internal horror through external activity becomes a way of life for males, so wars and conflict are started, which is the escape, then engaged and maintained, which is the expression of violent energy releasing the internal pressure for a while though it quickly builds back up, followed by domination by the winner, which is the expression of power.

In some males, their personal self is made up of severely damaged ideas, others a lot less, so a male can be constantly violent or less so, but there's always the energy of violence present because any corrupted, damaged or distorted personal self made up of supportive programming ideas will go on to programme the male bodies energy in an adverse way which produces violent energy which is supportive ideas being expressed with a damaged purpose and direction.

It's when the purpose and direction associated with supportive ideas gets damaged that violent energy increases, the increase growing the more the built in purpose and direction is damaged.

Supportive ideas always need a purpose and direction to fulfil their reason for existence which is to support the expression of main ideas and without purpose they will use the energy available, labelled violence, to drive forward, or protect it in a distorted way, the main idea, forcibly imposing it on others.

Violence being expressed has a goal with an ending, rather than an ongoing purpose, usually, to dominate and destroy somebody who's causing conflict through the expression of an opposing view.

This scales up to where countries go to war, with the usual reasons for doing so is to dominate and destroy another country through violence and to take their land and resources, a payoff for violence.

Corrupted, damaged and distorted personal self programming ideas produce violent energy through the action of the different programs or ideas within the personal self which are in conflict with each other and the conflict produced when programming the body's energy, which the body's energy resists as violent energy is dangerous.

The violent energy produced is then used to express corrupted, damaged and distorted ideas in a mostly physically way as male violence is a physical expression, becoming part of male existence in the process.

Long ago some groups of males received vast amounts of ideas, males who's personal self wasn't so damaged by conflict, damage and distortion and went on to produce civilisations.

The programming ideas received by males are corrupted, damaged and distorted by conflict which at first comes from people as emotional and mental abuse, mostly from females, but males can do it as well once the damage has been done to them and the energy of the female emotional and mental abuse has taken a hold of them.

Females have become very good at using mental and emotional abuse to control and manipulate damaged, violent males as a kind of self defence and to gain what they want which is subtle power usually through money as money isn't dependent on others, like political power and it's a drawing in of energy reflecting the way bacteria draw in energy.

Is female mental and emotional abuse violence?

Well it certainly harms and damages the receiver like physical violence, but the energy is different and from a different source than male violence which is physical, but as all violence should be condemned the current idea

that males have a monopoly on violence when females practice mental and physical abuse on a wide scale needs to be looked at.

Nobody is to blame or blameless here we're all victims of damage and harm, but we express and continue it and that needs to stop.

Female mental and emotional abuse is the result of the change of content of soil energy transmitted into females from bacteria in the soil and the disconnection between females and the energy platform and network within them leading to all kinds of abuse expressed which males receive causing conflict and damage to the male personal self, especially when it's forming in the first 10years or so of life.

Bacteria in the soil are also killed through antibiotics running off in water, sewerage waste and manure use and antibiotics kill vast amounts of soil bacteria in females again reducing the amount of soil energy received making a harmful situation worse.

Some programming ideas received by males go on to form a personal self, producing males capable of expressing those received main ideas in the world in a benevolent way, but when the ideas are corrupted, damaged and distorted, so too is the personal self that forms.

Once damaged the personal self then starts identifying with things taking on a name, history, likes and dislikes, beliefs, desires forming self interest.

From this, the I or the me formed which was recognised as being separate from the not-I or me in others, so distinction and difference leading personal advantage appeared.

The I or me in males being artificial is not alive as the energy essence, viruses and programming ideas that form it are not alive, although they do contain minute amounts of Life, but not enough to come alive.

Undamaged the personal self received pleasure and sensation from received ideas to encourage and motivate males in the expression of main ideas, but when damaged, including the supporting ideas expressed as pleasure and sensation, the personal self wanted the constant stimulation

of pleasure and sensation to feel alive and to cover over internal conflict and suffering.

The flow of pleasure and sensation became the way an action or activity was judged, becoming good if pleasure flowed, becoming better if pleasure increased which was the original intention to motivated and encourage an undamaged personal self, but when everything is damaged all that happens is harmful ideas are expressed and encouraged and motivated with damaged pleasure and sensation.

The use of pleasure and sensation as an encouragement only works when the personal self is made up of undamaged and uncorrupted programming ideas, but when those ideas are damaged and pleasure and sensation are ideas also damaged, pleasure and sensation become addictive and a reward for harmful behaviour.

Male behaviour became the expression of damaged ideas and violence in the pursuit of power which induced a flow of pleasure turning males into pleasure and stimulation addicts.

Look at the list: drink, drugs, sex, abuse, technology out of control, conflict, violence to females and other males, society built on power structures, massive arms sales, atrocities, revolution, dictatorship, wars and so on all the product of male violence driven by female emotional abuse.

The personal self was formed to express main ideas into the world for the benefit of others, guiding there use and development with no personal gain, but a corrupted, damaged and distorted personal self is all about personal gain turning the world into a very dangerous place.

A corrupted, damaged and distorted personal self acting in a harmful, selfish way in the way programming ideas are expressed, leads to internal conflict which is more corrupting, damaging and distorting to the received programming ideas that form the personal self, producing an increased, more powerful violent energy.

The personal self is constantly being updated with programming ideas as new main ideas need their own way of being expressed, but the existing

personal self is producing so much conflict the new ideas are severely corrupted, damaged and distorted in an increasing downward spiral.

Violent energy is produced by the programming ideas making up the personal self in conflict with themselves internally and with others and events externally and as only males receive programming ideas only male's exhibit violence in a physical way storing violent energy in the muscles.

Programming ideas are constantly received by males streamed through energy essence which is under pressure making the ideas powerful and ongoing.

Males will get violent when the corrupted, damaged and distorted ideas within them come into conflict with the corrupted, damaged and distorted ideas in other males.

Ideas program the body's energy into expressing those ideas as actions and if there's no corruption, damage or distortion males will work together to achieve a common, agreed objective, but when the ideas are corrupted, damaged and distorted the programming of the body's energy becomes corrupted, damaged and distorted causing violence which is energy in conflict.

Energy essence isn't emotional; neither does it give rise to any emotions.

Energy essence exerts pressure through continued streaming, but only through conflict does the programming within it get damaged producing a physical energy expressing itself as violent states such as rage, anger, vengeance, hate, jealousy, aggression, frustration, pettiness, stubbornness, stupidity and so on, all expressions of violent energy, but considered to be emotions, which they are not.

Emotions are meaningful, powerful, authentic, real, enduring and alive which violence isn't.

Violence is a lifeless, artificial energy the product of ideas that are also lifeless and artificial like a phone app which can function, but has no

intrinsic meaning, the same as violent energy and the violent states violence produces.

The different expressions of violence or violent states in males lack meaning and are not alive, deriving from energy essence which isn't alive and doesn't function very well in this universe and neither are they emotions.

With supporting received ideas such as ethics and virtue damaged, the brain tries to manufacture an appropriate response to all situations using the energy available to it which is violence, so instead of an appropriate expression to a situation a violent one is expressed.

The expressions of violence are artificial constructed by the brain from violent energy to be used when a situation calls for it and are stored in the brain waiting to be used.

For example jealousy which is a response to a situation where a female is possessed or property of a male and that possession is threatened by another male.

The male will respond with trying to violently reassert ownership of the female considered property, an act labelled jealousy, but is an artificial response by males using violent energy.

The brain in males has selected and stored violent energy in the brain triggered by a situation.

Upon death all the violent energy from males including all the different states that the male brain has formed go into the soil where they gain meaning, power and authenticity and are then passed into females who use these violent states much more powerfully as they have become weapons through gaining meaning and the poisoned energy in the soil from insects and pesticides.

Females can then use them to control damage and manipulate males and other females, who are able to do the same and fight back, ongoing.

These different violent states come from the damage done not to received main ideas, as main ideas resist damage, but the accompanying ideas that are the means to carry those ideas out in the world.

Even with simple, basic ideas received thousands of years ago before received ideas were damaged and corrupted, such as making and using an axe to cut and shape wood to build a shelter would require a huge amount of supportive ideas supplied with the main idea.

The main idea would be making an axe and using it to build a shelter from available materials.

Supportive ideas would have to involve making an axe, its uses, selecting and cutting wood, shaping the wood, fixing wood together and so on, which are all technical ideas involving judgement which would arrive as received, programming ideas.

Judgement would also give rise to what is good or bad in relation to the construction, use and end product of the axe, judgement which is a technical evaluation, not a moral or ethical one.

Technical judgment would also involve the wood selected to be used, the shelter built, in what place and so on.

This is judgement in its undamaged form used to reveal a thing or action as beneficial or of no use, rather than being morally good or bad, a result of the judgement programming idea becoming corrupted, damaged or distorted.

Ethics and virtue also arrive as programming ideas, giving rise to sharing the shelter and the knowledge of its construction, saying it's for everyone and using the axe in accordance with its purpose and not killing.

There's also the desire and drive to make it happen, to visualise the end result and work towards it, doing the best job possible and to improve on the next axe or shelter, which would be larger, covered in bark to keep out the wind and rain, needing many males to work together, all of which would come from received ideas.

The undamaged programming ideas of pleasure and sensation would also be used to move the work along and to give the work a well done feeling upon completion.

Collaboration between males multiplies the power and effectiveness of their energy, which undamaged is an expression of received ideas, bringing harmony and a unification of purpose.

Judgement was used in technical matters, during the working towards a common goal, and has nothing to do with judging people and is the result of programming ideas which have not been corrupted, damaged and distorted.

Once the judgement program became damaged it lost its boundaries and was applied to everything so a useful process where material or work was judged and accepted or rejected became a process that included judging people, not just for harmful actions, but for what they are.

Females receiving clean emotions from the soil, which have become powerful, meaningful and authentic, fill the energy platform within the female overflowing into the energy network making the female wholesome and unified giving females motivation and purpose which is the expression of the emotional content received from the soil immediately in the here and now, not in the future.

Male purpose which is imbedded in received ideas works and acts to achieve something beneficial to all in the future, but that's males, female purpose is to express now and see benefit now.

The energy platform and network in females is formed by soil bacteria linking together forming a storage area throughout the female body, which is the platform which spreads throughout the females body through bacteria linking up, into the systems, processes and brain forming an energy network in females.

Soil energy is transmitted from soil bacteria in the soil into the soil bacteria in females that make up the energy platform, which has a huge storage area, and the energy network, feeding the received energy into the energy platform that supports and supplies females in a constant flow.

Soil energy builds up and releases from the female supporting female actions with emotional and meaningful content, beneficial to all when the soil energy is unchanged and uncontaminated.

In more recent times females hide behind the energy network covering their bodies just below the surface making females secretive and make up is also used and clothing, to further hide behind and distract others, actions which obscure the female internal state, which is the intention.

At the time when male programming was not damaged or corrupted, violence didn't exist and neither did the personal self, or was just starting to form, so cooperation and mutual support worked well between females and males.

Without violence emotions were limited to what was needed to promote and extend main and supportive ideas by males, ideas which became deeper, more powerful and meaningful emotions in females bringing content, depth, meaning and an appreciation of the world, nature and beauty to humans.

At this early time the soil was rich with soil energy fairly uncontaminated, but it did contain insect energy, from dead insects and the damaged ideas of males who had died badly from illness, disease and a bad death which were empowered in the Earth and passed on to females who started to become critical of males.

It was a slow process building up over thousands of years and if an area of land was fairly free of insects and illness so harmful energies were not going into the soil to be recycled into females, areas would flourish, culture would form and civilisations would come into existence as the damage in humans was small and limited, but it was building up.

As males progressed to the point where the personal self started to form in males from received, supportive ideas they were damaged by the emotional and mental harm inflicted by females and disease and illness during their lifetime, building up over thousands of years producing massive internal conflict in the programs making up the male personal self.

This shows in the last few thousand years of human history and especially recently when we became heavy polluters and using drink, drugs, sex and all forms of escapes and self harm on a massive scale.

These changes to human males gave rise to violence and the states produced by it such as jealousy, anger, resentment, rage, impatience and of course violence.

This then passed into females and through children.

Going back to the building of a shelter, a female may leave a male for another male with a better shelter, or a bigger axe, producing conflict and jealousy in a male, which didn't exist before male programs were damaged and this adds to the corruption, damage and distortion of received ideas, making things worse.

The purpose of the axe changes so instead of using the axe to build it's used to kill with no restraint from ethics and virtue which have also changed through corruption, damage and distortion.

Ethics becomes moral self interest rather than the benefit of all and virtue, the means to support and maintain ethical behaviour, becomes desire, supporting and maintaining the self, also acting corruptly due to the damage and distortion done by conflict.

Judgement, compassion, ethics, virtue, knowing help from harm, talent, skill, art, science and so on are all received programming ideas forming the personal self which becomes an amalgamation of them all forming the core idea of the personal self which is the means by which main ideas are expressed.

Over time more and more main ideas are given to males to build civilisations with the personal self added to with talent, ability and skill, everything needed to bring all these ideas into existence, but then it all became damaged and distorted through the corruption of conflict and the resultant violent energy released.

It was the corruption, damage and distortion of received programming ideas that were given to guide and help males in the expression of a main

idea that brought into existence harmful artificial, violent states, confused with emotions, in males.

Desire is an expression of this corruption, damage and distortion producing many forms such as control, discipline, obsession, possession, sexual pleasure, inflicting physical and emotional pain on ourselves and others, addiction, abuse and so on.

The desire to possess, often mistakenly called love, is also be an expression of corrupted, damaged or distorted programming ideas, producing artificial, violent states which appear when this supposed love is rejected or betrayed, such as the inflicting of pain, fear of loss, envy, jealousy, hatred, revenge, spite, abuse, wanting to damage emotionally and so on.

Most emotions humans have are variations of violent energy which started out as corrupted, damaged and distorted received programming ideas.

Corrupted, damaged and distorted programming produces corrupted, damaged and distorted males which spreads into females from those who have passed and have gone into the soil where that energy combines with bacterial energy, also in the soil, contributing to the transformation of male corrupted, damaged and distorted programming into emotions, more real, subtle and female and essentially violent.

Females also have a connection with the soil through bacteria giving females a connection with nature, living things and an appreciation of beauty.

Males when their programming ideas are not corrupted, damaged and distorted can produce beautiful things from received ideas, which females appreciate, but to males this is technical expression, not art.

Males receive a continuous flow of energy essence under pressure, like water streaming through a hose, constantly supplying males with programming ideas which are continually being corrupted and damaged in various degrees.

The violent emotions that infect females from the soil are not under this pressure as females don't receive energy essence directly, so the

corrupted, damaged and distorted emotions received from those who have passed are much weaker, but once combined with bacterial energy work like bacteria in the way they spread, act and infect.

They are indirect, respond to attack through trying to absorb and smother the attackers energy and are much more focused and intense producing violent, abusive emotions in females.

With received main ideas comes supportive ideas to carry them out such as a desire to express those ideas in the world, but once damaged that desire twists into the many forms of desire listed above.

Received ideas such as wanting to help people through beneficial ideas, when damaged, becomes the inflicting of harmful ideas on others and damaged ideas are always harmful as they are violently in conflict with each other in the male personal self and when being expressed.

This means that the consequences of an idea long term are not seen and received ideas don't have to be acted upon they have to be studied first, with the consequences seen and used wisely.

Love and its associated states such as joy, peace, kindness, sympathy, an inner light and sensitivity are not emotions, but states which come into existence when all the energies in a person's existence start to come together, which can only happen with the ending of conflict, violence and the personal self.

None of this can be done through an act of will which is just an extension of violence trying to impose peace and order on itself.

The intellect being the receiving area for ideas will also come to an end freeing males to explore and form ideas based on perception and insight giving rise to intelligence allowing males to become independent of Brain Sentience and Previous Life to progress, in effect an end to male apprenticeship.

This means that humans will take over the direction of their development and progression independently for the first time and be free of conflict

internally and externally.

Violent energy has killed more and caused more pain and suffering through various means and wars and atrocity than anything else including illness.

Males can restrain physical violence, but the violent energy is always there waiting for the restraints to be removed through drink, drugs, crisis, being challenged and so on.

Mental and emotional violence are different though as no restraints are put upon that by the personal self and very few in society, only when people are being hurt, but mental and emotional violence, or abuse as it's called, can be very harmful.

Males are made to feel shame and guilt from other males, females and society for being physically violent, even though they are all violent themselves, which adds to the inner conflict causing more violence.

Society sees violence as just the physical lashing out, in some form against another, with no regard for the damage cause or consequences and a person isn't considered violent until they are committing an act of violence against another or physically expressing it such as property damage.

This type of violence is well known as most of us have probably experienced it and it's condemned in societies with consequences such as imprisonment, but so long as male energy is programmed by corrupted, damaged and distorted ideas violent energy in the male body will be the result.

The energy of violence is direct in males and is expressed in everything males do, mental, including thought, emotional, or violent states and physical, so violence includes not just the physical act, but its energy and every expression of it, so if the energy of violence is powering a males actions those actions are violent, even if it's just walking down the street, but as it's not hurting anybody, it's not seen as being violent.

Due to the programming done by corrupted, damaged and distorted ideas, violent energy is the only energy available to males and if a male is attacked or challenged, if pushed enough, will respond with violence, a response which may be called self defence, but it will be violent because it's the only energy available to males.

Even seemingly peaceful males who don't react with violence have used violence to produce a passive internal state.

Only in male humans did violent energy appear, as no other form of physical life receives ideas, but the energy of other life is programmed by the immune system, composed of the characteristics and actions of viruses and bacteria.

This makes the actions of other life an expression of their immune system making them aggressive when needed, such as when hunting and defensive when attacked.

The difference between aggression and violence is purpose and where it comes from.

One purpose of the immune system is survival and defence of the host for which the immune system programs energy, usually producing a withdraw or stay and defend, which is the same in humans as other forms of life, but violent energy in human males overrides the immune system, producing not only a violent response, but is also unnecessary, inappropriate, fragmented, harmful and inadequate.

Males are constantly receiving ideas which become corrupted, damaged and distorted, so violent energy is constantly being produced, under pressure, building up in males until it explodes violently releasing the pressure.

An explosion and release of violent energy is usually over very quickly and then the pressure starts to build again.

Some males learn to regulate the pressure of violent energy by being in a constant state of being angry or violent just enough to let it out reducing

the pressure.

Such males are continually testing and provoking other males hoping for a violent response so giving them an excuse to release all the violent anger so acting, in their view, in self defence.

Other males use a slow release of violent energy to build businesses and other endeavours, but their actions are violent and what is built will be violent which is hard to see as nothing is built or constructed by males which isn't the expression of violent energy, so there's nothing to compare with.

The same is true of people: if everybody is violent then it becomes normal so only excessive, physical violence can be seen and it's interesting to watch a person adamantly saying they are pacifist while violently defending it with violent energy.

Brain Sentience controls the supply and pressure of energy essence increasing it to increase the supply of ideas to accelerate human development and slow it down, making males less active by comparison, allowing for social development to catch up by females, being another form of development.

The matter that makes up males contains Life at a very low level, but male content is not truly alive being formed by energy essence which isn't alive, the expression and characteristics of viruses which also are not alive and their feelings and emotions which are corrupted, damaged and distorted ideas, also not alive.

The only form of life within males is the small amounts of bacterial energy received from females in the womb and is why males can become fixated on work or mental activity to provide the stimulation needed for males to feel alive.

Later when the personal self and the intellect form in males they will be made only with active energy essence and corrupted, damaged and distorted received ideas, which won't be alive either.

This means that males achieved Personal Life through joining with Previous Life directly and females join with Previous Life indirectly via the Earth's energy, with both having different paths to the same place.

For both males and females ideas expressed become memory, expressed as knowledge which also isn't alive and the past so the journey towards Previous Life which involves joining with the stream of Present Life as it passes through the body to join with Previous Life is a fairly straight forward and enticing one, especially when the hard part, that is the unification of the energy within males, which is the first step, has been done.

The journey towards Previous Life starts for males with the joining with Present Life, or going from being in a lifeless, programmed, artificial state to one filled with Life, freedom, creativity, energy and everything associated with them, is like going from being asleep to waking up, when the journey really starts with the unification with Previous Life becoming autonomous Personal Life.

Females though gain the Power of the Earth on their way to Previous Life also gaining Present Life in doing so, so they can be more inclined to stay where they are rather than moving on to Previous Life even though females take with them everything gained, it's not left behind, which perhaps females don't see at the time.

Females receive the majority of their energy from bacteria which are alive, so the female may be considered to be alive in a bacterial way making a distinction between females and males.

Addiction, different forms of abuse, obsession, deceit, bullying, sadism, confrontation, stubbornness, indifference, stupidity, suicide, crime, destruction and domination are also expressions of corrupted, damaged and distorted received ideas and are expressions of violent energy.

Up to the arrival of the male personal self and the intellect in males, human development was moved on from pre-humans by females recycling soil bacterial energy and male energy through mating and their own female energy into children.

Every time a child is born it is fractionally and incrementally more advanced than the parents due to the gathering and passing on of energies by females.

With the arrival of the male personal self and intellect the process began where humans also advanced through received ideas.

A male becoming violent wasn't bad luck or an unknown event, but was known by Brain/Previous Sentience due to its experience in previous universes and violence was deliberately inflicted on the males in this one.

The upheaval caused by violent energy in males and everything those males produced was to give humanity many complex problems to understand and try and find answers to and to drive human development and complexity forward rapidly in every direction with the explosive force of violent energy.

The technological advancements since the 1950's are due to the massive advancements made in the 1940's due to violence and world war.

Violent energy is pervasive in males, governing and working through all male activity and what's called love by males is violence expressed with its desire to possess, control, use, manipulate and dominate females to provide sex and the energy of violence is always there in males waiting to be expressed.

Religions have beliefs and need for people to follow and obey, all expressions of violence with wars fought in the name of religion.

Everything put together by males - from religion, to business, to government, to society and its institutions using violent energy will be violent in its structure and outcome.

Violence is approached and studied from the outside as it were, through analysis, dividing everything up into separate categories saying a person is only violent when that violence is being physically expressed, believing when it's not expressed males are peaceful and we only need to curb the

expression of violence through suppression, anger management, counselling, rules, laws, disapproval and such like, which is more violence.

By approaching violence in this way through analysis, the person doing it is denying their own violence with the implication that it's not me it's them.

Free will, effort, having objectives, ambition, motivation and analysis all started as ideas which have been damaged by conflict becoming forms and expressions of conflict, which is violence.

Such tools and methods can be applied to produce machines and devices, as happens during wars, but problems arise when such methods are applied to people leading to the view that violence is a problem to be solved, suppressed and managed, none of which works, rather than the energy producing violence which is the energy essence from a previous universe, replaced by the energy essence of this universe, transforming the individual male.

We wish to suppress physical violence, but keep it intact for everything else such as the pleasurable sensations and violent states which give rise to all the division and confrontation between humans leading to misery and suffering.

In males violent energy fills the male body by filling the muscles where it's stored from where it's expressed physically as violent actions.

Violent energy is the result of damaged programming and when the programming isn't damaged the energy is programmed by undamaged ideas and stored in the muscles waiting to be used.

When the muscles are full of violent energy the male body is filled with it which forms a barrier blocking everything incoming from the outside world, such as a different point of view, contradiction and criticism which acts in a suppressive, frustrating way leading to violence exploding.

This barrier is the root of all barriers, mental blocks and resistance in males and everything incoming from others is meet, blocked and deflected on the

surface of the barrier protecting the personal self inside from change and criticism.

This barrier when impacted by focused criticism or conflicting ideas can rupture allowing violent energy to explode out into the world and pressure on the barrier from outside produces frustration, irritation, anger, stress and sometimes hatred.

Males being ill, stressed, in conflict, under pressure and living in fear also doesn't help.

The male personal self hides behind the barrier to protect itself, but it's already damaged and in conflict which produces the violence which forms a barrier and changes the male body condition.

Releasing violent energy makes males feel weak and vulnerable as the muscles have drained which is why violent outbursts don't last long.

The male personal self is constantly receiving a stream of received ideas, which become damaged which increases violent energy filling the muscles back up with it.

The actions of people and the outside world has an impact on the barrier, like a drum being hit, producing feedback received by the personal self which it interprets as self awareness, but it isn't awareness or connected to awareness which as this time humans don't have.

This feedback is a data stream which the brain builds into a picture using imagination which contains the returning energy of violence as sensation building and image called self awareness.

This parallels the way bacterial energy works in females, but using a different energy with a different expression and outcome.

All males are filled with this energy, to a greater of lesser degree and when males meet they instantly recognise the strength and power of the violence of other males and either dominate or submit within a group forming a social hierarchy, or pecking order within males.

With young males violence is expressed as rebellion to the established and accepted order in society, being the established and accepted violence of previous generations.

Order in society is always backed up with force to maintain the established order or protect it through war.

The violence of young males wants to expand outwards forcing change through the replacing of the existing expression of violent energy with its own as each generation wants space in society for its own violent expression.

When females protest or rebel it's so the bacterial energy within them can expand into society, but that bacterial energy being passive comes into conflict with male violent energy which is active.

When males protest or rebel whatever is being protested about is just cover for the expansion of their violent energy, replacing the existing violent energy, effectively being a power grab driven by damaged ideas.

Once this has happened and the violent energy of youth has become the way a society now works that generation is no longer interested in change, but wants to protect it from change which is the violent energy of the next generation.

A society built on violence can be very comfortable once a person has fitted in as everybody understands violence and deals with it on a daily basis.

The winners in society move up through ambition, another form of violence as the individuals aims are pursued at the expense of everyone else, but everyone else is trying to do it as well, so it all feels natural and justified.

The losers in society plan how to move up the ladder through ambition and the people who can't face it give up and turn to drink, drugs, self harm and such, which is the destruction of the body or another expression of violence.

Successful males, meaning the most violent ones are in demand by females, who have their own agenda for spreading their own type of violence or abuse, giving violence approval in male eyes, so everyone joins in with violence, while condemning it.

So we live violent lives fitting into a violent society which gives security and comfort and the thought of losing this is frightening so the violence is maintained and modified so it doesn't matter what the changes are, even war, so long as violent energy and the society produced by it, is maintained.

There's no trust between such people and even those who say they have renounced violence have not as it can't be renounced or bargained with as the personal self, who is the individual, manufactures violence, so lip service is paid and the violence continues.

Even though the appearance of society changes the energy flowing from the past through the present is violent energy and that has never changed since it started and the conflict between generations produces more violence, which is always active and stimulating and therefore pleasurable to males.

Violence is never interested in the right and wrong of a situation it only wishes to express and expand itself and with enough people supporting violent actions it becomes society's morality.

Only when violence has gone can judgements be made which are true, beneficial and meaningful, until then it's all about the expression of violence.

Males want their personal violence to expand outwardly into society as control, influence, power, authority, domination, respect, obedience, discipline and so on all of which once achieved gives pleasure, another form of violence.

A more violent individual comes along who also wants this so the lesser individual, meaning less violent, gives way and starts to form a defensive personality to the more dominant individual to keep from being hurt, a surrender reflex.

7 – Soil and Bacterial Energy in Females

All organic material and their energies go into the soil where the energies are changed through the addition of meaning when encountering dense matter making them more real, powerful, meaningful and influential when they arrive in females.

The energies come from males who have died with their received ideas damaged and, depending on the life lived and the way they died, leaving a painful life history to go into the soil.

The life energy of females and their painful life history concerning the painful death of children, family members, friends, loved ones, miscarriages and stillborn births also goes into the soil to be recycled along with the energy of bacteria.

In more recent times poison from pesticides, dead insects, contamination by pollution, the hunting and slaughter of animal life and the destruction of the natural world, everything that lived goes into the soil where its energy is recycled back into females and children, both female and male.

A connection with the life and beauty of the Earth also becomes part of soil energy that's transmitted into females from bacteria in the soil to bacteria in females.

Soil energy made more meaningful and powerful, is transmitted from bacteria in the soil from outside the female body to soil bacteria inside the female body, bacteria which make up an energy storage area or platform which supplies females with energy and support internally and spreads to form the female energy network.

Other soil bacteria, not part of the female energy platform or network, are killed by the immune system, which is hostile to bacteria due to it being programmed by viruses and uses the soil and life energy of those bacteria to make improvements to the female immune system.

The immune system kills and harvests the soil and life energy of many different types of bacteria and millions of them depending on what improvements Brain Sentience working through the immune system wishes to make and those improvements are then spread to all other systems in the female body.

The harvesting of bacterial energy to make system improvements only happens in the female body, but they are passed on to male children.

Over time the immune system will use more advanced energies, such as those obtained from drugs to advance it and even manufacture illnesses in order to receive the energy from drugs used as treatment and illnesses were also manufactured by the immune system to damage received programs in males.

The purpose of the immune system, which is the purpose of Brain Sentience, is to advance and develop humans by any means, including making and using illnesses even those which kill millions, putting the pressure on humans to advance or die.

Immune system improvements are passed on to children, with male children lagging behind as males only get bacterial energy improvements in the womb until birth, with no more after being born whereas females receive upgrades all from bacterial energy all through life.

Male systems are improved by viruses during life, improvements passed on to children through mating so it balances out.

The energy from dead organic material is streamed from bacteria in the soil to human females and is used differently to the energy obtained directly from bacteria killed in the body as transmitted soil energy gives females their content; it's not used for immune system improvements.

Energy from dead organic material passes into bacteria during decomposition with the energy of mobile life being much stronger and concentrated than the energy of fixed life which is necessary due to it being separated from the soil.

Mobile life includes humans, animals, fish, birds, insects, reptiles, everything that is alive and isn't fixed to the soil with the essence of their existence going into the soil upon death and then into bacteria especially the content of their lives.

From bacteria that energy content is then transmitted into human females from bacteria in the soil, received by soil bacteria in females forming the female energy platform and network.

Fixed life includes everything that grows fixed in the soil that eventually dies and decays in the soil.

The energy, not essence as only mobile life has that, of fixed life is also transmitted into the female energy network connecting females to life.

Over millions of years soil becomes very fertile through the dead organic material that has built up in it and it's this fertile energy that fills the female energy platform and network over time giving females an empathy and link with nature, beauty and life.

The fertility of the soil is more than energy more like an aspect of existence which connects to females becoming strong as the ovulation cycle in females reaches its peak, transforming during conception enabling pregnancy and giving birth.

Fertility being an aspect or dimension of existence spreads from females, where it acts as the background to conception, to males where it acts as the background to received ideas turning them into concepts, from conception, as all energy has to go through a changing process in order to become real and meaningful in the physical world.

This starts in the Earth when the sun's energy encounters its dense matter turning the soil meaningful bringing fertility into existence which passes into females to be passed on to male children giving them a more meaningful existence and the supportive background for received ideas to become energy concepts from which those concepts give rise to physical ideas the brain can process which then produce physical concepts that can work and be understood on the human physical level.

The content of a human's life and death, which is usually bad, goes into the soil to be enriched with meaning, making it powerful and authentic before passing into the female energy platform and network.

This received energy spreads throughout the female body making the female existence and thought real and meaningful which is mostly passed on to female children, but males get a small amount of it.

This meaningful, authentic energy, combined with the experience of conception, pregnancy and childbirth, enables females to experience and understand life at a deeper level, in a way that males never can, but that isn't the point or purpose of males.

Females experience the full spectrum of emotional life from joy to suffering, pain and fear with everything in between making them not only different from males, but able to bring content to male endeavours as males bring ideas forming structure, not content.

Males might make something beautiful such as a carving, piece of music or art, but they are all the technical expression of ideas not an appreciation of beauty.

Females pass on the improvements done to human immune systems from bacterial energy to children, but these energies from the soil are not recycled, they are only received by human females and stay exclusively female making them what they are.

Until the use of bacterial energy the immune and nervous systems, mental functions and the enlarging of the brain in pre modern humans had developed only through the use of energy essence and viruses which was and is, the governing principle behind various systems in humans.

The immune system killed bacteria in the human body and although both female and male immune systems kill soil bacteria only the female retained and used their energy, done under the direction of Brain Sentience working through the immune system.

Bacteria being a form of mobile life contain huge amounts of stored, concentrated soil energy which produces the amounts needed upon their death to change and improve human systems and processes.

To advance, those pre modern humans needed the stronger, concentrated energy of bacteria killed in the female body to continue developing towards becoming modern humans.

Bacteria, unlike viruses and energy essence, are alive due to them containing, concentrating and being formed by soil energy in the Earth's soil of this universe, so bringing bacterial life and energy to immune and nervous systems, bone marrow and brain cells in the female body giving more functionality to those systems.

Bacteria in the female body were attacked and killed by the immune system and their concentrated energy was harvested and passed into the female immune system embedding in it giving the immune system more life and the abilities and functionality of bacteria.

Bacteria were developed to make concentrated, living bacterial energy available to humans when needed to advance existing systems through the absorbing of powers, energies, abilities and characteristics of bacteria, but only in females.

The harmful side of bacteria which causes illness and death is deliberate, brought about by Brain Sentience in order to pressure and promote human development and complexity as the horror of a bad death passes into the soil then to females who are damaged by it and use that energy to drive and damage males.

Males who die this way return again to physical life with a deep, unexplainable fear of not allowing it again, so driving development and complexity and possibly medical research.

The way bacteria defend themselves by smothering and absorbing energy was incorporated into the female immune system giving rise to immune cells that can smother and absorb the energy of pathogens rendering them weaker and harmless.

Energy from soil bacteria can't be extracted this way, they have to be killed for all the needed energy to be released and harvested.

Sensitivity to living pathogens was also gained by the immune system from the energy of killed bacteria enabling it to detect them and determine their threat, strength, weaknesses, purpose and its response.

Bacterial energy covered brain and bone marrow cells giving them concentrated bacterial life energy and this energy made brain cells more connected, capable of supporting advanced mental functions, also adding depth and meaning to the brains ability to understand.

Female thought and thinking became real and meaningful delivering real and meaningful conclusions and actions when dealing with critical situations involving people and living creatures.

Females are at their weakest when confronted with sudden, powerful, close death when the mind shatters and is overwhelmed by painful emotions, due to the damaged and contaminated soil energy in females dominating.

Brain and immune system cells were also connected or unified through the bacterial energy covering them, allowing them to work together in a unified way instead of being just a collection of independent cells and brought the brain and immune system into the female energy network.

This coating of bacterial energy over the brain and nervous system cells then started to influence females to act defensively and begin forming a personal self.

The nervous system cells received the same coating of bacterial energy making it more sensitive to surroundings and sensory input and nerve responses and transmission was made faster due to the connectivity of its presence prompting Brain Sentience to increase the insulation around the nerve fibres.

Again this only happened in females, males would receive these changes when developing before birth.

The male body relying totally on energy essence supplied from viruses would be incapable of using bacterial energy in this way and can only receive the improvements made in female bodies through birth, although the bacterial energy and improvements are less than females get and are always lagging behind.

Female bodies contain a vast amount of bacteria because the female immune system has been programmed to only kill bacteria when their energy is needed and to let bacteria build up in females at other times to supply their energy network.

In males the immune system just kills bacteria considered dangerous and flushes their energy out.

Over time female content and existence has become an expression of soil energy and bacteria and its instructive the way Life and Sentience used bacteria to fill females with content.

The round, female shape is an expression of bacterial energy which is round or has curved surfaces and females became round or egg shaped to attract males replicating the action of the sperm and the egg.

Viruses were made to kill bacteria so the immune system can harvest bacteria energy, but as females and males started to reflect the energies of bacteria in females and viruses in males it led to harmful and conflicting actions between the females and males on the social level especially when both are damaged.

In order to attack and kill, viruses were made aggressive and to attack, which was transmitted into the flow of energy essence passing through them and into males where this aggression became part of human immune systems.

The female body using bacteria became the means by which humans developed internally with advance brain, immune and nervous system function and improvements to everything formed by energy essence including the senses and advanced mental functions such as sensitivity and discernment.

These mental functions travelled out from the brain into the senses so eyesight gained colour sensitivity and the discernment of colours, hearing became sensitive to the content of sound discerning what sounds meant and where they came from.

Touch became sensitive to so many sensations, energies and feelings, possibly the most real or authentic of the senses due to direct contact with other humans, giving the brain powerful feedback growing and developing it, becoming immersed in their variety, cataloguing and ordering them all.

Smell became stimulating with all the different odours stimulating the brain into development like touch.

Human senses were enhanced in females to stimulate the brain into physical development and complexity which has always been the intention and females passed these advancements on to males through children, but in a more diluted form which is why females are much more insightful with human emotions and relationships.

Soil energy transmitted from outside the female body is very much about connectivity as it forms and fills an energy network in the female body which continues to this day.

Transmitted soil energy was used to build a network of energy conduits in females to absorb and distribute received energy, so it could be refined, blended, processed and recycled on to children.

This energy network is physically replicated as blood vessels.

In this way all the energy from the different pre modern human males could be harvested gradually and recycled into children when born, slowly contributing to the appearance of modern humans.

Females became the means for internal development and content which makes females more real and authentic than males as males don't use any bacterial energy directly, they only receive the benefits of it from females, but the energy essence used by males isn't alive and comes from another universe so it doesn't work very efficiently in this one.

8 – Female Expression

Females are the expression of soil and bacterial energy in a defensive, circular way that spreads out in all directions, which is the action of bacterial energy and there are thousands of different bacteria with a few basic shapes which contribute slightly different energy to female expression.

Females express themselves emotionally in their actions and use feelings to access their surroundings and other females and males like a kind of sonar making them very aware of their personal space, who is in it and who is approaching it and what their intentions are.

Females feel things through their feelings and respond with emotions and have a more enhanced nervous system than males, making females sensitive to the feelings, emotions and intent of others.

Responding with powerful emotion to a situation is the female form of self defence and is particularly effective against males who have no meaningful, real emotions which are needed to defend against this form of attack especially when the female emotions have become powerful through contamination and poison making them abusive.

As female emotional power is defensive females like to provoke other females into emotional conflict, not physical, which escalates to where both sides are attacking and defending enjoying the expression of female power and trying to break another female's emotional power.

Females do this to sharpen their claws, or strengthen their emotional response, release emotional pressure, evaluate and attempt to break other females and have the pleasure of damaging or destroying an adversary.

Females enjoying stabbing people in the back and slipping in the knife, especially when protecting their children and only confront head on, face to face, usually with an emotionally weak male, when victory and destruction is assured.

Females prefer destroying a person emotionally rather than dominating, which is a male way, as females find it more satisfying and permanent,

making it impossible for a destroyed opponent to challenge them again.

Females are dangerous in all situations, but especially so when cornered and have no problem in shifting any blame for their appalling actions onto the nearest toxic male without any regret and will give up almost anybody, if facing a prison sentence, to save their own skin.

Females seeing that males are defenceless to female emotional power use it initially to control and manipulate males as females with damaged emotions see males as providers, supporting females while they have children, which is more avoidable in recent decades due to reliable birth control reducing the need for male support along with, in more wealthy countries, state funded support.

The expression of female power, which is the expression of damaged emotions, began with the control and manipulation of individual males, in the developed world, after the war ending in 1945 and gained momentum with the arrival of the birth control pill, meaning that sex could be used as a weapon even more so than before.

The war in Europe required females to do, up to then, male work and the pill arriving later gave females more control over having children, but they only opened the door to female choice, having nothing to do with how females express themselves which comes from female power accelerating over decades to become in recent times, full blown mental and emotional abuse.

Females having emotions is natural and has been engineered by Life and Sentience for females to have them, but emotions become a damaging power when the well that females emotions come from becomes poisoned, a situation also engineered by Life and Sentience, just like wars, to break up societies that have stopped developing and advancing.

Just like wars changing the balance between males and females, due to the death of so many young males allowing females into the workplace, the expression of female power in a society will break everything up as females pay back, as females see it, centuries of male dominance, rules and abuse by males for sidelining females from participating in life turning females

into wives and mothers there for male pleasure, again a situation engineered by Life and Sentience.

Resentment has built up in centuries due to this treatment passed on from mothers to daughters and experienced by those daughters against males and the male patriarchy, the attacking of which has become the focal point and focus of female power, which only exists due to the emotional content of females becoming damaged, corrupted and polluted, turning females from being supporters and changers of an unbalanced society, to its destroyers, by bringing down males who made it in order to gain vengeance.

So we have violent males and emotional and mentally abusive females with a scorched earth policy at war with each other which isn't going to end well unless things change.

The female brain is a generation more advanced than males, due to females receiving a constant supply of bacterial energy during their lifetime making fine tuning and improvements to the brain and other systems, some of these improvements concerning functionality of systems, are passed on to males through children, but improvements concerning the female relationship with emotions and feelings remain exclusively female.

This is because Brain Sentience doesn't need both females and males doing the same thing, emotions, feelings and human content are female, received ideas are male.

Soil bacteria digest and process the remains of living things in the soil, which combine to form unified data of all physical life and passed on to soil bacteria in females as data which is read and acted upon in modifying human female systems, updating them.

Females feel emotional content throughout their bodies in a decentralised way, the brain processing the data received from feelings, so the female can respond emotionally.

The emotional content in females becomes the driver of the female personal self which is a construction of the female brain formed to express female emotional content, although this doesn't stop the brain working in an analytical way gathering and processing data.

The nature of females is to respond to feelings with emotions after the female personal self has selected the emotion to express.

Female emotions had to be expressed to relieve the internal pressure and a function of the brain is to act as a safety valve.

Decentralisation of emotional content is due to the nature of bacteria which form the energy platform and network in females which spreads throughout the female body making each part, to females, as important as any other part giving females a total presence which males don't have.

Females are not programmed like males, but respond to feelings with emotions guiding how females respond to situations reaching a peak in the female personal self which seems selfish as it's viewed to be self centred and vain, but it's all females have due to female emotional content being damaged, polluted and contaminated depriving females from true emotions which blocks their way forward.

Being this way has been engineered by Life and Sentience as females have been made to express different energies to give human existence drive and content, so males trying to change females to be reasonable, logical and less emotional is trying to make females male, a disservice to females, as they are damaged and a different approach is needed.

The energy well that females draw from and express has been contaminated and poisoned and that energy well is the soil of the Earth the place where the energies of living things go when they die including the nature of their deaths and the joys and suffering of their lives added to in recent times by pesticides, chemicals, pollution and toxic insect energy.

And this is what females contain within and express in the same way that males store violent energy and express it when provoked producing

adverse reactions in males wanting to control females emotionally.

Not everything expressed by females is poisoned and contaminated, but it's getting worse.

The analytical working of the female brain and the expression of emotional content is completely separate, but female emotional content has to be processed by the brain on order for it to be expressed on the human level of physical existence.

Female emotional content exists as energy within the female and like all energy it has to be processed by something physical on the human level of existence to turn its potential actual, in order to be expressed and work.

Being processed by something physical could be a machine such as a computer or power station to produce energy that works on the physical or a brain which does the same, taking energy content and processing it into expression.

During processing the energy content communicates with the female brain what its content is which continually changes during processing which the brain then expresses through the female personal self.

When the emotional content is clean and doesn't contain damaged emotions recycled from people who had bad deaths, or suffered terribly during life, pollution, toxic energy from dead insects, pesticides, other industrial waste and in recent years drug residue and other toxic chemicals and anything else that's found its way into the soil, the brain can process clean emotional content, express and act upon it and stay reasonably stable as the brain has developed in females to process emotional content.

But, as the emotional content has become full of inherited, damaged emotions, pollution, contamination and all the rest, the brain becomes unstable through processing and expressing that content, giving rise to females who are expressing emotional and physical abuse in their every action, in the same way males continually express violence.

While this is a difficult time for everybody, humans are not a finished product with much more change and development to do to navigate out of the mess we're in the first step being to use The Therapy to purge the human body of toxic, damaging energy, illness and to form a permanent filter in the skin in both females and males, but especially females, to filter the incoming emotional content from soil bacteria, purifying it, so supporting ongoing female development.

Through speech, action and simple radiating or broadcasting their toxic, damaging energy content, females have become emotionally and mentally abusive broadcasting toxic, damaging energy that human brains, both female and males, will process and express, so males absorbing this broadcast content, which includes female speech and actions, will process and express as emotional and physical abuse.

So a bad situation becomes worse.

The reverse is true where females absorb the energy of male violence which flows into the female emotional content and into the energy network and brain for processing, where that male violent energy, when processed by the female brain makes the expressed emotions more powerful and dangerous, as male violent energy in females isn't expressed physically.

Females have been emotionally damaged for centuries so undamaged females have never been seen and the toxic emotional content within a female can break through from the energy network into the physical body, due to its volume and pressure, contributing to mental and physical illness.

The addition of male violence to their already damaged energy content can start to make females act like males in some ways expressing such behaviour as control, discipline, being unbending, with rigid adherence to rules, setting goals and so on and it should be noted that this damage only affects the part of the female brain that processes emotional content, the analytical side is unaffected and can continue to function well, even if that functioning is used to work out weaknesses and the best way to inflict pain on others.

Emotional content isn't generated within females, but inherited from the soil, so there are no natural emotions just acquired energies that the brain interprets while processing them which are then expressed in emotional behaviour.

Within the emotional content of females is every emotion with most of those emotions existing as the result of damage done to ideas received by males.

Most of the emotions considered unwanted can be screened out, or not selected and applied to certain situations, so only wanted emotions are expressed such as care, kindness, consideration, manners, decency, respect and much more which come from the ethical and virtue ideas received by males to ensure the correct application of received main ideas.

The unwanted emotions, which are damaged and harmful are usually expressed by females when under stress going from small emotions such as irritation and being unpleasant progressing to anger, rage, spite, the desire for revenge and inflicting damage, resentment after and so on if pushed enough, but as the unwanted emotions are getting stronger and more powerful, especially over the last century, the unwanted emotions are becoming harder for females to hold back, becoming the normal way to act.

This is due to females perceiving themselves as powerless in situations when under pressure, so resorting to the power of damaged emotions as self defence.

Females are an expression of the power of the Earth which is its meaning that's collected by soil bacteria in the Earth and transmitted into females, mostly human ones.

When this power becomes contaminated and containing damaged emotional content the power of the Earth is contaminated and females lose natural power, making them feel powerless and vulnerable when confronted by the violence of males and so use the only power available, that of their toxic emotional content.

When toxic emotions end, females will gain the clean Power of the Earth which will be a blessing beyond words.

One of the functions of The Therapy is that it covers the female body in an energy filter that remains after all The Therapy sessions have been done, an energy filter which stops all the contamination and damaged emotional content from entering females, but allows in Earth power, or the meaning of the Earth, empowering females and allowing them to progress.

The energy filter received from The Therapy is selective as to what energies are allowed through it because like a cell membrane, which also filters energy, the new filter is under the control of the immune system which is controlled by Brain Sentience.

The way for males to Personal Life is through the unification of all the energies within them, but for females the way to Personal Life is through the female brain processing clear, clean Earth power.

Once both females and males have become Personal Life they can then unify into Unified Life.

The function of soil bacteria in the Earth is to process all the Earth Power available to them into females and to recycle into females over and over.

Earth power is female and it expresses itself through the female part of physical life giving females an appreciation of beauty, nature and life all seen with wonder and females in the forests or mountains look part of it in a way that males don't.

The filtering of Earth power happens as soon as The Therapy has been used from start to finish with the immune system then having a means to filter out unwanted energies, but it will take generations for human emotions to change as that starts with males who have received The Therapy and have undamaged supporting ideas and are no longer violent.

Upon a male passing, undamaged received ideas will pass into the soil where they encounter the meaning or power of the Earth transforming them into powerful emotions passed on to females.

At this time females are using the power emotional content gives them to change the society they live in rebalancing it between males and females so the society reflects female ways, needs and serves those more.

Most advanced societies were built by males to reflect the male way of doing things and are set up to service males, with females being wives and mothers and not much more, but growing female power means change in ways never seen before, at least by males.

The problem is females are using the wrong power in the same way males use violence with females only wish is to settle perceived old scores seeing anything males have made as being patriarchies oppressive to females which females wish to end and have no time for.

This will involve the ending of male rules and structure to allow female expression with no regard to consequence.

Having a war with males is not the way forward and the only way for societies to rebalance without tearing themselves apart is through the fundamental change brought about in females and males through using The Therapy, which nobody, or few, will use for that reason, but many will be driven to using it through needing to end the pain and suffering caused by illness.

Until then female life will be the expression of contaminated emotional content producing problems which are not solvable with solutions, but require compromise, adjustment and give and take.

Females are fluid without goals needing to find a life that balances emotional pressures.

Females are not seeking solutions to problems, but can change the emotional content of problems in themselves and others, so changing the problem to something that can be lived with.

Females dislike living under inflexible male rules and laws and will change them or get rid of them altogether in order to have more emotional expression and see male rules as just a means to frustrate that emotional expression, but females realise males are needed.

Winning for females involves satisfying drives and emotions the biggest of which is the gaining of money, which to females gives them the freedom to express themselves emotionally and a feeling of self worth.

Money also gives females access to power which is also emotionally satisfying, but money and power are only important to females when their emotional content is damaged, contaminated and poisoned which is painful to them so other things to satisfy them are pursued.

Brain Sentience is more open and observable with females working more directly through them than with males who are driven mostly by the brain processing and expressing received ideas, programming males during the process.

Females don't receive ideas externally through viruses from Previous Life the way males do, so the female brain in order to function in the society it's in self programs, or forms its own operating system, or female personal self, from available programming already within the female.

This programming is the damaged programming contained within the emotional content transmitted to females from the soil of the Earth from people who have passed, both female and male.

The programming content is filtered by Brain Sentience so it's compatible with the times live in and so it will produce females that are malleable and receptive to ongoing change and are able to further the original purpose of Life and Sentience for females which is to recycle energy through children and to drive males to further the male purpose.

These purposes, different between females and males are fundamental to both, are part of their existence and woven into the fabric of their lives putting humans under continued pressure.

Although these purposes are very strong obeying them isn't mandatory as in order to develop and advance freedom to choose is needed, so females using modern birth control can choose not to have children without any adverse consequences.

The female brain selects programming contained in the energy content within the bacteria forming the energy network and puts together what might be called a female personal self which continually changes and is added to although its core nature, like a river bed, remains the same.

This means that with a static core the personal self can function, but the continual adding to and changing of it from the continuous stream of emotional energy makes females very changeable and fluid on the surface, like the water of a flowing river passing over the river bed.

The female brain, being part of the energy network, connects to the decentralised personal self, also within the energy network, using it as an interface to function in the world.

The background soil energy within the energy network forms the female mind localised within the female body and is not contained within Physical Sentience as is the male mind.

The situation for females is their energy content from which their programming and personal self is derived is damaged and polluted expressed as emotional and mental abuse and the same is true of the background soil energy which forms the female mind making it dysfunctional.

As the pollution and damage increases in the soil energy changing its emotional content becoming more toxic more and more females will experience mental and emotional problems as the pressure within builds up.

Using The Therapy which will allow the immune system to filter all incoming energies into females will eliminate all the toxic energies from entering the female allowing functioning of the personal self and brain that's isn't harmful and the background soil energy which will form the female mind forming throughout the female body will be composed entirely of pure meaning from the soil making the mind and by extension the female extremely powerful in a way nobody alive has ever experienced or seen.

The next step would be for all this power of the female mind to join with the mind power of other females starting to extend the power of the Earth out into human life giving a greater depth and meaning to human existence become the canvas to which male endeavours are painted on.

Female programming on the surface of the static core programming lasts for a brief period of time and is temporary, somewhat like RAM in a computer.

Due to its ever changing nature female programming, which makes up the female personal self, is changeable and unpredictable with the female brain trying to make sense of it so it can be expressed, but as the programming is damaged the brain becomes unstable, or at least the part of the brain that deals with this becomes unstable.

The analytical part of the brain, which includes thought, memory and knowledge works fine and it's this that saves females from being overwhelmed by toxic emotional content as it can be focused on processing data obtained through learning.

The emotions females experience come directly from the different energies within the female energy network along with the Present Life emanating from billions and billions of different bacteria within the female body which form the energy network.

Feelings mainly come from different foods eaten and so the energy of feelings is more physical than the energy of emotions.

Feelings don't pass through the female energy network but through the nervous system so they don't run deep like emotions being nearer the surface of the female body being more responsive to the outside world, able to be hurt more easily and the data from the interaction between feelings and the world and other life is passed to the brain.

The brain then interprets the data received into a picture, called imagination, which is an image of the data which is then passed on to the

female personal self which selects the appropriate emotion to feel and respond to the image received.

Female response is always emotional, but it can be modulated a little if the emotions aren't too strong, but powerful emotions being expressed just brush any brain intervention aside resulting in emotion being displayed in an outburst or continually over years, such as anger and resentment or anything in between.

Sustained expression of emotion over years is possible for females as emotional energy is constantly being streamed from the soil bacteria in the Earth.

Males also receive feelings mostly from food, but as male emotions are weaker than female ones lacking the power of the meaning of the Earth males tend to express violence and power in place of an a true emotional expression.

Females are driven by emotions and are very analytical at processing data acquired by learning able to formulate ideas based on that data, but females don't receive ideas from Previous Life which only males do.

The two poles of the female brain are the expression of emotions and analytical analysis of data with females swinging from one to the other or being mostly one or the other.

Selecting a mate, giving birth raising children are very important to females as their purpose, along with moving towards gaining Personal Life, is the recycling of human energy through children which can stress them greatly leading to erratic behaviour.

Most bacteria in an individual female are more or less in the same energy group giving individual females a background and depth to their personal self, expressing that bacterial energy throughout life, but new bacteria appear every generation which changes the way females express themselves.

This change of expression may be seen as a revolt against those who came before, but it's not, it's brought about by a change in bacteria in females which then changes the bacterial energy being transmitted into females.

The industrial and technological revolution started in the West gave rise to vast amounts of toxic industrial pollution entering the soil over centuries which changed and damaged the bacteria which contribute to the female emotional and mental state.

Brain Sentience did this by supplying the ideas to begin industry to males which led to toxic industrial pollution entering the soil.

The reason for doing this was to drive progress, from the point of view of Life and Sentience, by bringing about change and to change females so females can drive males in different ways as it's not enough to just receive ideas males need to be driven to put them into practice which means pressure.

The main pressure put on males to drive them by females was the demand to provide for females and children.

Males receive ideas and females drive males into putting them into practice in order to provide.

This doesn't mean that females don't have ideas as the brain can do that, it means females don't receive the ideas that change a society for good or bad in our eyes.

Brain Sentience works through females to drive males using female emotions, supplied through bacteria, focused into males.

Males really have no defence to this kind of emotional attack finding it easier to acquiesce and comply.

It's not going to be a defence either in the future for bad actions to be justified by saying it's the will of Life and Sentience as The Therapy is available so humans can change and be responsible for their actions.

Female emotions form from energies supplied by billions of soil bacteria, energies which are continually changing, but these energies are not emotions, but are interpreted as such by the female brain.

For instance bacteria in females may feel threatened by the viruses in males, which are in males in their billions and have been made to attack bacteria as part of the human immune system response.

These attacks suppress or compress bacterial energy in females.

The bacteria in females will then radiate compressed energy which the female interprets as fear, being threatened, feeling unsafe and wanting to reject or move away from that male, a response not to male violence which is there, which doesn't trigger fear in the female until expressed, but the presence of viruses in a male, which does trigger fear.

So feeling the presence of viruses in a male triggers fear in the female which is the emotional response the brain has decided to supply in response to this feeling, meaning females always have an underlying fear of males, covered over by females being agreeable and friendly.

Rejection by females can then lead to the male expressing anger, aggression, and violence and so on.

With this underlying response in place females will always respond to males in an emotional way working out a defence strategy to deal with damaged and distorted males expressing violence, anger, aggression and so on.

This is a problem as females have been designed to drive males, sometimes through provocation, even though males at this time are violent and dangerous, into expressing ideas through physical action exposing females to aggression and violence.

To deal with this females are never programmed over the long term as the programming comes and goes, sometimes in seconds, making way for new programming which can adapt to an ever changing situation between females and males.

Females also use the same driving techniques on each other in order to hone or sharpen such skills.

Some of the energy from bacterial energy in females can find its way into males through childbirth and association with females producing weakened emotions although males mostly have the emotions violence produces.

Received ideas in males are expressed such as vision, tenacity, desire, discipline, expression, direction, purpose and so on and only become expressions of violence when corrupted, damaged and distorted.

Up until recently females were controlled by male violence being restricted in a society full of male rules and restrictions on females which is the first thing females remove when they gain power in a society so their power can expand.

Females have also been suppressed due to the lack of males through war and therefore compete with other females.

The nature of bacterial energy is to give way to an attack and wait for a better time to counter attack which forms the female nature.

If a female or group of females encounter a male or group of males with a strong violent male energy the female presence, which is generated by bacterial energy in the female energy network can then start to absorb and drain the male violent energy to weaken the male so they can be dominated emotionally.

Females like to dominate and control male violent energy early in male life before it develops to feel safe and neutralise males, but this causes problems with males as restraining the violent energy early in life means it gets stronger later and the domination and neutralisation of males when they are young is one of the reasons why females become teachers.

The female energy network joins together with other female energy networks forming a powerful group network pushing outwards dominating

the space around the group dominating, neutralising and overpowering any nearby single males.

Sex can also be used on the leaders of male groups so they accept female control and domination so other males in the group do so as well.

Males in groups can be stronger though, as all the violent energy in males will target the female group, which can be done without the males linking up and the bacterial energy in the female energy net has a tendency to give way and break up when confronted by strong, male violence.

Female groups tend to dominate administration, education, law, accountancy, local government and such like as the expression of female analytical brain power tends to dominate people, or tries to, whereas male violent power tends to dominate structures and things.

Once a female group is established in a profession males tend to be shut out to preserve female dominance, but then dominant females within such a group tend to act like males showing that females haven't worked out a female approach to such things, or thinks it's best to act like males within male constructs.

Violent energy shows itself in politics which is very adversarial where one side is in favour of people, this would be a mostly female dominated group while expressing damaged and toxic female emotions and the other is a mostly male group concerned with structure and business, or male violence and the two go to war with their opponents and each other in order to express their own brand of violence by taking power.

[9 – The Female Energy Network](#)

The female energy network came into existence many hundreds of thousands of years ago and was the means by which humans could be advanced from pre-humans to modern humans through the recycling of human energy obtained from the soil which was active at that time, but not violent.

Enough human energy had built up in the soil to form the network once it was transmitted into females and once a link is established between a small area of soil and a female, that female will always and only draw human energy from that area of soil wherever she is on the planet.

Through this human energy, which is part of the emotional content transmitted into females, bacteria throughout the female body linked up to form a network of energy conduits with energy content flowing through the bacteria gaining some bacterial energy.

The energy network flows just under the skin of the female body and the energy network is also linked to all the deeper soil energy in the bone marrow, brain cells and immune system.

Soil energy was harvested from bacteria being killed in vast numbers by the female immune system and used to improve the system, processes and functions of the female body which were later passed on to any children.

Everything is linked into the female energy network which allows the immune system to monitor the physical improvements done to the body to continually modify them using the life and energy of bacteria.

Early on in the development of the energy network bacteria in the energy network formed clusters or nodes where the energy network intersected with itself and these nodes were able to absorb other forms of energy due to their concentration and receptivity, such as energy essence from males adding it to the emotional content flowing through females enabling the female immune system to develop.

Energy essence was mostly absorbed during mating as the male has to be in close proximity to the energy nodes for the transfer of energy to take place and during mating the female body goes into absorbing energy mode a heightened state, appearing to males as submission.

At first energy essence was the only energy being absorbed during mating, but the energy nodes absorb all energy given off that comes close to them including the motivational energy of males gained from received ideas which was before the energy in males became violent.

Motivational energy absorbed from various males powered feelings and emotions in females which were then used to motivate males to build settlements and develop agriculture leading to societies.

Females motivate males because they have no access to received ideas or active energy essence other than the amount needed to form the basis of systems in the female body absorbed from males and females need males to build and provide.

Not having active energy and being the expression of bacterial energy makes females more passive.

Female emotions become more meaningful as they are compounded within the energy network with a mixture of motivational energy and more meaningful soil energy connected to nature and this energy spread throughout the energy network permeates the female body to form the background for a decentralised, personal self based on feelings and emotion linked to the brain.

This background sometimes gets called the soul as it's like the soil in the ground providing a facilitating background to growth and processes.

Females have no centralised personal self in the brain that receives ideas so the female brain uses logic, reason, analysis, facts, methods, technique and so on to express received ideas into the world.

Females can acquire such skills and technical methods through learning and by observing males, but they don't acquire them as received ideas as males do, but females can and do construct their own ideas which usually involve people and are immediate, not long term which is a sign the ideas are received rather than constructed.

Once received ideas are expressed by males, they become knowledge which anyone, male or female can acquire through learning and study, but they have to be received and shown first otherwise they wouldn't come into existence.

Even though males receive ideas most simply learn techniques from established knowledge rather than working things out, becoming

improvers rather than inventors and discoverers.

Lacking received ideas females act from feelings and emotions and develop skill and acquire knowledge through study and experience and they act emotionally, meaningfully and authentically, due to the energy within the energy network permeating their existence.

Success and results to females involves the welfare of others measured against how their internal emotional condition is responding to a situation, which is much more intuitive and empathic.

Energies absorbed before males became violent and started to emit violent energy absorbed into energy nodes in the female energy network passed into the nodes without affecting the bacteria themselves, but it's different with violent energy.

Violent energy starts a resonance going in the bacteria themselves causing them to be distressed which the female feels as distress and over time becomes painful as the energy network through being distressed becomes very sensitive to surrounding energies.

This sensitivity, which is powerful and constant, can make females act erratically with heightened empathy, intuition, concern, sympathy and so on because these are all forms and responses to communication which the painful, heightened sensitivity of the energy network makes stronger in females.

This may seem like a beneficial thing, but it makes females highly sensitive to the violence and emotion and mental abuse in others causing much and inescapable suffering.

Violent energy within the female energy network empowers emotions, which are already damaged and distorted, where they are held in the energy network acting as a reservoir until partially released through expression or recycled into children.

This emotional energy is only released through contact with outside and can be felt very powerfully by the female, driving female actions and acts as a baseline used to judge situations.

Released emotional energy coming in contact with another can produce violence, hatred or anything else depending on how the energies fit and the emotions produced can change if the expressed emotions change.

The surface of the energy network is like the skin of a drum that resonates when impacted by an outside situation, received as energy that governs the female response.

Due to emotions being constantly supplied and held in the energy network like a reservoir females can feel anger, resentment, fear, desire and so on constantly throughout life, rarely expressing such emotions holding them in forming their reality driving female actions.

The female brain is also linked to the female energy network which acts like the internet around her body connecting everything, but unlike males this structure can't receive ideas from Previous Life making females rely on using the brain, memory, thought, study, discipline and knowledge to develop skill and ability.

Females acquire energies from every source possible absorbed through the energy nodes where it goes into the female energy network for processing and recycling.

To perception soil energy is black so the contents of the female energy network and the network itself is also black, even if the soil energy was not contaminated it would still be black, the colour of rich, fertile soil.

Male received ideas are electrical in nature able to be programmed and are not black, but a heavy, sometimes light yellow, with electricity having the same colour, and when they pass into females after the death of males with their energy content going into the soil to be transformed, after being transformed that male energy retains that same yellow colour, but duller.

Male violence has the same colour as well showing even though the programming content has changed through damage the nature of the content, which is electrical energy essence which programs electricity, hasn't.

Male energy also has a very artificial, manufactured feel to it along with is yellow colour, which means it can be tracked by perception as it move from males to soil to females and its actions can be seen and understood.

Also in recent time vast amounts of used electricity go into the soil after powering machines which is finding its way into females changing them significantly and from there into children, which again is something The Therapy will filter out.

All the different energies being transformed and recycled by females into children meant that by manipulating the energies females received, Brain Sentience could shape humanity in general and produce specialised individuals.

Vast numbers of males were killed through wars in recent centuries allowing a vast amount of male energy to pass into the soil and back into females.

Both females and males also died through famine and illness producing more human energies to be recycled and wars, famine and illness could be targeted by Brain Sentience to kill a certain part of a population selecting their energies for recycling.

Brain Sentience could also strengthen the human immune system in some individuals so some died and others didn't again selecting energies for recycling.

Of course all energies will be recycled eventually, but humans were developed by the energies being selectively recycled in this way.

The forming of a female energy network based on connected bacteria in females was needed in pre-modern humans to start to bring together all these energies into one focused group to form modern humans.

Soil energy dominated the female body and filled it with energy characteristics and abilities of bacteria amongst other energies, energies which over time would increase to separate female content from males and be seen as female energy, characteristics and abilities, but is mostly

the expression of bacterial soil energy, emotional content and acquired external energies.

Emotions and life experiences and much more came from the remains of the dead in the soil transmitted into the female energy network, but this took time as the number of people and other forms of advanced life, which had passed into the soil, had to build up.

The energy network covers the female body just below the skin forming a layer of energy that's become extremely sensitive to the outside world and the emotional and mental content of the people who are near.

Depending on the contents of the network at the time different female energy networks can clash causing conflict between females and sometimes the opposite where females get on well becoming the basis for friendship and sympathy.

The presence of the female energy network can also invoke an energetic response in males, usually interpreted by males as sexual, which females can absorb.

Nodes in the female energy network can absorb energy when in close proximity from males, but the energy more powerful, direct, concentrated and faster during sex, when a lot of other energies are absorbed into females to pass on to children.

The energy received by females from males during sex shapes the energy of conception, and therefore the child, preparing the female for pregnancy and happens about 2 months before a female becomes pregnant.

Once a female has passed menopause then absorbed energy is released into other females through the linked energy network.

Using this method of recycling energy took hundreds of thousands of years to produce modern humans estimated to have appeared between 200,000 to 300,000 thousand years ago with a modern immune and nervous system, a developed brain and brain cells and developed bone marrow cells.

As the energy was recycled out of the pre-modern humans and into the emerging modern humans the pre-modern humans went extinct and the recycling of energy continued just with modern humans up to the present day and continues.

The energy network, made stronger due to the constant flow of bacterial energy from the soil, expanded and started to connect to other females bonding into groups forming a connective fabric in a group or society expanded from the background energy in females.

This background energy becomes the canvas on which society is painted on giving a society meaning and authenticity.

When the female background energy is very strong and powerful and the received ideas are acted upon by males a society can become a civilisation where supporting received ideas are expressed as being civil.

Females constantly receive streamed bacterial soil energy, emotional content throughout life and bacterial energy internally forming a females personal existence, giving content and defining her.

[10 – Bacterial Energy](#)

Just as virus energy in males became male expression, so bacteria energy and connectivity over time in females became female expression, with females becoming more social and group minded.

From the time modern humans appeared bacterial energy in females became the main driver of human development up until the arrival of the male personal self and intellect about 6,000 years ago when males started to contribute by building and expanding in the world to support a growing population.

The connectivity through bacterial energy made females form and work well in groups giving females some insight into what people were thinking and feeling.

The expression of bacterial connectivity in females leads to females wanting permanent relationships, security and a stable environment which females will try to make happen, but females also recognise that things change.

This comes from bacteria which drift, divide through cell division and change shape, which becomes in females a feeling that things are liable to change and not to have a problem with it when they do and to accept that all relationships and connections eventually drift apart and reform.

This means that females are constantly in motion internally, a characteristic of life and the bacterial energy within them, whereas males are not in motion internally, even though they are active externally, as males express non-living virus energy, so becoming static and favouring form and structure, rules and systems.

So when in society females enter the workplace, as they are in modern times, gaining personal wealth and power they are inclined to break down male rules and restrictions which is happening now, as they see it as a restriction on their movement, the expression of female power and the female need to acquire energy which comes from bacteria absorbing energy for cell division.

Bacteria form colonies having an energy that holds cells together after division.

Females acquire this colony energy holding bacterial cells together so females tend to form groups such as families and extended families, multiple friendships, and on into settlements and communities.

Bacteria drift wherever they are taken in any direction which produces females tending not to build hierarchies and wanting everybody in a group to move forward not just individuals, but, due to this drifting females can lack direction, purpose and a sense of time.

Human females are also under pressure from bacterial energy to reproduce through cell division the expression of which is having children

as bacteria cells divide to replicate.

Soil bacteria were put together to digest energy in the soil and pass it on to other soil bacteria in females.

The need was for a form of life that could do this and pass on characteristics of that form of life onto human females which is what bacteria do.

Everything bacterial shapes human females from the life of bacteria to the energy, the shape, the processing of all energy encountered in organic material and the way they reproduce.

Bacteria in the soil continually transmit energy into the female energy network through soil bacteria in the stomach constantly replenishing it connecting females with nature, living things and beauty the energy or substance of which goes into the female energy network contributing to the female personal self.

This prompts the female to express nature, living things and beauty in their appearance which attracts males, something set in motion by Brain Sentience, like a flower attracting a bee for pollination purposes.

The attraction of the males is to draw in male energy and recycle it into children, but all the energies in the soil which recycle into females have become toxic and damaging, deliberately so by Brain Sentience to break up the patterns forming in humans and human society and endeavours, so humans advance and reform.

The energy received from the bacteria in the soil is constantly changing as different bacteria supply different energies and that energy is processed and changed within the female energy network making females emotional and changeable and quite often a female emotional response depends on what energy is in the energy network at that time.

The more energy from deeper in the soil leads to an intense, more sensitive female; less soil energy in a female leads to a more stable less emotional and changeable female.

The sensitivity of females extends outwards beyond the body forming a sensitive web of energy between them due to their connection through bacteria.

The energy consumed in the soil by bacteria transmitted to females gives them a connection to nature, beauty, wonder and appreciation for living things.

Some types of energy transmitted from dead organic material in the soil give females a feeling for death, loneliness and fear formed by death and the approach of death.

Due to this link with soil energy females are interested in people and show sympathy and concern especially for the young, elderly and as bacteria tend to avoid conflict, females don't tend to take risks or explore and avoid conflict.

Also the energy received from the bacteria in the soil by females contains information about the lives of the dead making females insightful into human nature, able to understand feelings and motivations, and in modern times becoming councillors, therapists, educators, interested in social issues and people in general.

Bacteria are alive with energy that gives females an interest in living things and colour, which is an expression of blended energy through the plant world and is associated with beauty, giving females an appreciation and recognition of both.

Beauty and the appreciation of beauty are very important to females as beauty invokes a deep emotional response.

The energy of the soil is basically bacterial, interpreted as female and is why people talk about Mother Nature, the motherland and a feeling that's where female qualities come from whereas male qualities come from Previous Life energy essence expressed as viruses.

Soil energy is recognised as female when in the female body, this is a different energy to blended energy from the sun in the Earth which Brain

Sentience passes into cells to form the basic template of life.

Bacterial energy in females is absorbing, appearing accepting, because with other females the energy joins with, unifies and acts as one leading females to being group minded, stronger and tending to form groups and connected friendships.

Here in the UK in the north societies have a greater dominance of soil and bacterial energy forming matriarchies and clannish societies.

In the south energy essence shaped by viruses dominates leading to patriarchies and individuals.

Concreting over the soil reduces the amount of soil energy being transmitted to females.

Females also absorb violent male energy as a defensive act.

Bacterial energy accepts, smothers then digests the energy of aggressors which becomes defensive behaviour in relationships as the virus energy in males attacks or is antagonistic towards the bacterial energy in females.

Over time in modern relationships, so long as they're not overwhelmed and dominated by males, females will absorb the energy of males domesticating them, reducing aggressive behaviour, forming boundaries, giving males direction, purpose and motivation, but this takes time.

Relationships in the past, that is before females expressed mental and emotional abuse and males violence the interaction between males and females was completely different on a lower, calmer level with mutual support without antagonism, but this was thousands of years ago.

Watching elderly female and male couples who've been together for decades, the male is usually weary, docile, and compliant, led and looks to the female to make decisions.

Using The Therapy will not regress humans back to how it was thousands of years ago, but by removing the energies that produce mental and

emotional abuse in females and violence in males and the pursuit of power in both, humans will work out how to coexist and cooperate together.

The virus energy in males trying to avoid being absorbed by the nodes in the female energy network can become very aggressive and resentful in relationships, even physically violent to push back the absorbing action of bacteria to avoid being consumed.

Saying this in no way justifies violence to females.

Females also benefit from a slightly longer life than males due to the nature of bacteria which is alive and reproduces through cell division making females more genuine, alive and authentic than males.

Males tend to have shorter lives as once the possibility of genetic material being delivered has ended, that is through sperm, a major part of the male life is over and to continue living fully males need to align with the basic purpose woven into the fabric of male existence which is to express received ideas through work or mental activities they are passionate about.

Males derive energy from viruses which are not alive so male lives tend to live shorter, usually.

Due to the energy of bacteria connecting throughout the female body the body condition becomes soft, fluid, relaxed, flexible, sensitive, coordinated and unified.

This is because the energy comes from a living thing spread throughout the female body with an emphasis on unity, the action of bacteria.

The male body condition is stiff, unconnected, concentrated in the shoulders and head, inflexible and lifeless lacking sensitivity and artificial deriving from a source that isn't alive.

Because male energy in the body is in individual groups that work independently, the male body has an uncoordinated look with an emphasis on stiff muscles with poor balance.

11 – Settlements

The next step in human development was to move humans from being hunter gathers to settlements based on agriculture.

This was motivated by Brain Sentience increasing the number and size of bacteria in females to ones with a tendency to cluster and form nodes where the female energy network intersected, something passed on to females increasing the female need to cluster or form settlements.

Enlarging and decreasing the size of bacteria and changing the type had been done many times since modern humans appeared by Brain Sentience in order to balance the energy within the group and with changes in the environment.

Males could be given more energy essence making them more active if needed for hunting, so if animals were encountered larger and more ferocious than previously, an increase in energy essence would compensate.

Males during these times had limited amounts of energy essence clustered throughout their bodies, with it stored in chemicals such as testosterone, making males active, but not particularly violent which wouldn't happen until they acquired more energy essence containing ideas forming a personal self.

In the lead up to the change to agriculture settlements females were given the need to cluster and settle and male energy essence was decreased as hunting was reduced, to make the transition smoother.

Agriculture and settlements were the first step to more complex groups, settlements, societies and so on needing the female abilities gained from bacteria to work.

Moving to agriculture started to fix human settlements in one place leading to the growth of female power and matriarchies.

Female power was much different than the power used today which derived its authority from the unification of female energy through the female energy network forming background energy, making everyone feel secure like being back in the womb, giving meaning and authenticity to those early settlements.

This was possible because the Earth was uncontaminated and free of toxic chemicals and pollution so only clean emotional content was transmitted into females wars were virtually nonexistent as males were in a pre violent state with their own version of power derived from that state which could recognise female power and the security it gave.

Females and males entering the settlement from outside could immediately recognise the worthwhile nature of the settlement and its people due to its background energy state.

The more worth and worthwhile feeling a settlement had, recognised through the quality of its background energy state due to the quality of the females there, the more other quality females would be drawn there to settle adding to the quality of the background state, a state accepted by the males there who were following their own purpose and supported the females as the females supported them.

This background energy has virtually disappeared now to be replaced by conflict and the pursuit of power and the expression of different forms of violence in society.

When males are not active in settlements it will become a matriarchy or female led by default and when males are active in ideas, construction, exploring, discovery, science and such a settlement will become a patriarchy or male led, with a completely different power structure and use of authority.

Even then female influence and persuasion doesn't go away it's just reduced.

Terms such as matriarchy and patriarchy had a different meaning back then for a period of thousands of years after the first settlements started not the adversarial meaning these words have taken on today.

People worked together and cooperated back then as they needed to in order to survive.

Times were very hard and people died early and it was the nature of the people then, free of the different forms of violence expressed by the people of today, to work together.

Two big problems today's humans have, along with illness, is the expression of violence in different forms and the pursuit of power which using The Therapy helps remove allowing humans to cooperate together at a different level than before.

Hunting by males doesn't generally change a female led group to male and the small amount of tool making done such as making flint tools and some building in establishing settlements wouldn't be enough, but females and males would be in closer balance.

It's important to note that one side of humanity can't go it alone.

We advance and develop through the unification of all the energies within us which are made up of both female and male energies.

Once agricultural settlements began and hunting declined, so did male influence and lasted that way with settlements expanding up to the arrival of the personal self about 6,000 years ago.

After the personal self appeared settlements started to enlarge to form communities and societies and on to civilisations with matriarchies and patriarchies changing back and forth over thousands of years depending if males were active with ideas or dormant.

Ideas don't just need expressing, but once in existence need to be grasped, expanded and built upon.

Using materials and using tools needs to be understood with the flow of ideas increasing as males develop skills.

When males were dormant female influence would increase making the group or community more social, but not progressing through ideas.

Bacterial soil energy in females would be increased when the social part of society needed to develop and reduced when males were active through the increase in energy essence and ideas.

Energy essence in males would be reduced when females were catching up filling societies with content.

The change of influence and power in human groups between females and males doesn't happen overnight instead taking hundreds of years to rebalance from one to the other, something which has been going on in the West for the last 100 years or more as female power gains ascendancy and brings content and restraint to male endeavours.

This will lead to a feeling and emotional based society run by females rather than a male one based on rules evidenced by the use of social programs, education and counselling to change criminal behaviour rather than punishment and prisons.

This starts from the view point that male violence can be left intact in males with just its expression restricted and controlled which may work for a while, but the build up of violent energy in males continues to build.

From the appearance of modern humans leading up to the arrival of the personal self in both females and males female power and influence prevailed, but as females then generally didn't back up power with force or physical violence, female power tended to be more persuasive and use influence, which still prevails even in patriarchies.

Once the personal self arrived in males about 6,000 years ago males, motivated by females started to innovate and invent through physically building and creating a communities structure which for a time made that community a patriarchy after which females filled that structure socially returning that community to a matriarchy.

Males build and form structures, females bring the content.

Bacterial soil energy being passive, doesn't express itself forcefully the way male energy essence does so females tend to pressure males into being more active to achieve something they want.

The receiving of ideas and working them out without expressing them in the physical world can be enough for males as males are happy in the energy world or world of ideas and even with motivation supplied by ideas can be content to stay there, but females are happy in the physical world and even the Power of the Earth is of the physical or an expression of it, so females, lacking received ideas prod males into action.

This action is the expression of received ideas in the physical world changing them from being potential to actual.

Through bacterial energy females connected with each other making females in groups strong and powerful in communities, as the more females connected, the more female power increased.

This connection was local at first within a few feet or less than 1 metre to connect, but once made the connection held over short distances and as the connected group expanded through more females joining it, so did female power which was an expansion and expression of bacterial soil energy supplied from the Earth giving the pressure needed for continuous, sustained expansion.

Once the energy network in females connected, energies in one female could be passed around the connected group, meaning a female harvesting male energy during mating, but passed the age of having children could pass the harvested energy from males on to younger females capable of giving birth.

Also the energy from an unfertilised egg washed away at the end of the menstrual cycle would also go into the female energy network where some of it would go into future children, with any surplus energy going into storage in the connected background energy formed by connected females where it will wait to be passed into future children as humanity expands.

This means the potential the energy has that has been advanced and developed over millions of years isn't lost or wasted and everyone sooner

or later will be born as humanity expands from millions to billions as it has done in the last few centuries.

The egg energy contains the potential and life to be and while it waits its turn within the connected background energy will exert pressure on those people living within it to express their life's potential and live fully with a sense of urgency; something the energy of the egg is waiting for.

The contents within the female connected background energy gave a settlement a distinct feeling influencing the people living within it causing regions to form with different dialects and accents diverging over time giving people a sense of community.

Female energy and power comes from the soil so the more meaning and power, or authenticity, in the soil the more transferred into the female energy network and extended background energy again influencing the people living within it.

The connection formed between females meant females have no boundaries which would show itself in societies where females don't tend to follow male imposed structures, rules and regulations.

It also means that females want others to connect to their group so expanding it making females open, friendly and accepting.

A female will go it alone in an endeavour, but will usually want group support from other females to feel connected as can be seen in dance and singing.

Females dancing in groups harmonise and connect even stronger, even when everyone within the group is dancing differently.

In recent times the harmonising of humans has diminished due to the drive to be individual and separate with the result being that everybody looks and acts the same to fit in, but with no harmony, whereas true individuality is where everybody is different, or at least has a different expression, but we all harmonise, as the unification of group energy is a step on the way forward for humans.

The virus energy in males was limited to the male body, making no connections and was limited so boundaries formed, with males becoming rule and regulation based, which are an extension of boundaries or where the line is drawn.

Harmonising for males is difficult but can be done once the internal energy in males has harmonised, then the male has something inside to harmonise with and as other males who have done this are probably going to be scarce early on, harmonising with female energy is going to be the best option.

Agricultural groups and communities started to appear based on a more natural, bacterial based female power forming matriarchies which formed and spread through families and had influence over males.

Males individually were physically stronger, but tended not to form groups as males don't get stronger in groups and individual males were no match to the connected group power of females.

Males form organisations when working in groups, but organisations formed by males containing mostly males are not connected, forming little social cohesion which is an aspect of the connectivity formed by females.

The absorption ability of bacterial soil energy in females also allowed them to absorb some male energy, usually during mating and pass it into the network of energy that connected females.

This also absorbed some of the active energy essence from males which wasn't very strong in males during these times as the amount supplied by viruses was reduced as a lot of it wasn't needed until humans had developed far enough to the point where the personal self needed to be formed to continue development.

The absorption of male energy combined with females withholding sex kept already weak males, due to low levels of energy essence, in a weaker, secondary position, useful but kept in the background while humanity developed.

To develop humans the energy of males absorbed by females was recycled during the moment of conception and after in the womb along with some female energy.

The recycling of energy into children made females choosy about the males they partnered with as although strength and status were important and still are, other things such as male power and energy were factored in.

The constant recycling of energy made it stronger and more complex making humans mentally advanced in males and emotionally advanced in females.

Content flowed from the organic material in the soil from the lives of the deceased and passed into females and were continually recycled and made stronger over thousands of years contributing to emotions, but only females received them.

This flow continues today where emotions are made stronger and continue to be received by females, but changed as the people who have passed have changed over many thousands of years due to the manner of their lives and death and with males becoming violent.

This connection with dead organic material containing a kind of memory or imprint of a person's existence gives females a feeling of it which became empathy over time.

Recycling the energy of emotions, which are secondary ideas received by males damaged by male violence, making them stronger and more powerful has an adverse effect on females leading to modern problems such as mental and emotional issues.

Males constantly pumping out ideas, which drive technology, lead to unhappy and unbalanced individuals driven by the need to acquire more and produce more in all directions.

This local recycling of energy within a group was done to strengthen and make that group more complex so energy would build up in a certain group

as some groups were being prepared for a more intellectual personal self and the type of life they would have after.

This was different from the recycling of energy through the blended energy in the Earth upon death, as that energy was used to advance all humans in a more basic way.

Once a group had reached a certain point and the energy from the males within a group could take the group no further, females would then start harvesting energy essence from males outside the group to bring different qualities in.

With the arrival of the personal self linked to bacterial energy in females they would also be able to absorb energy through the eyes, such as male energy and nowadays information encoded in the energy of books and video.

Also in modern times females not only absorb the energy from all races, but all modern energy such as electricity including wi-fi, devices, appliances, gas, coal and oil all to be mixed and distributed in the female network and recycled into future generations enabling humans to being more diversely energy based.

As females can absorb energy after no longer being able to give birth and distribute that energy through the female energy network to females able to give birth, the female life span continued longer than males.

Males gained a penetrating look with the linking of their male energy essence to the personal self turning males into explorers, always looking and becoming more visual.

Female power spread throughout settlements forming a solid group, but without ideas being received by males there was no innovation, invention, investigation, discovery or building and construction, but there was the female appreciation of beauty, nature and art, connectivity, belonging and a sense of community.

Female powered social structures formed within communities an expression of emotional bonding.

The power structures that females formed, religion and the family for instance were not only an expression and extension of female bacterial power, but an increase of it and back then this was a different form of power with natural authority without force or coercion.

Females didn't really have religions with rules, hierarchies and gods, but were respectful towards nature with wise women practicing natural remedies, showing sympathy, peace, respect, kindness and community.

Later with males becoming more dominant with the arrival of the male personal self producing violent males wars began and religions appeared being more warlike with male gods smiting down enemies, vengeance, authority, hierarchies and male power with females excluded from the power structure, a structure which was the forerunner and pattern of what most countries have today.

Males would keep a record of events, whereas very little was preserved from the female time.

People lived their lives, passed on what they knew and passed away leaving no record or mark on the Earth of their existence.

Female matriarchies continued as the main power in settlements and communities from the time of modern humans until about 6,000 years ago while humans slowly developed mentally and emotionally to the point where that development could be accelerated producing specialised humans through the arrival of the personal self when settlements and communities could be expanded.

[12 – The Male Personal Self](#)

Only males acquired a personal self through an increase of energy essence passed into humans modified by the immune system under the direction of

Brain Sentience using guidance from Previous Life like people today fitting a robot or device with artificial intelligence.

Other than humans no other form of life on Earth was given a personal self as the experience gained from previous universes showed that if two or more species were advanced in this way they would annihilate each other very quickly.

Experience from previous universes also showed that a human with a personal self was the fastest way to develop humanity, but there were significant drawbacks from the human point of view, such as conflict and war, self interest and exploitation, but things went ahead anyway.

From the point of view of Life and Sentience these were the means employed to turn humans into better tools and to advance our ability to stream the Physical Life and Sentience of this universe into the Previous Life and Sentience, the point of our existence from the point of view of Previous Life and Sentience, so it's either go through the processes required or not exist in the first place.

Humans though have our own purpose, or pay off, which is Personal Life, but to gain that we need to advance understanding and complexity, which parallels what Previous Life and Sentience want for humans.

Over time there will only be relatively few humans who do advance with the vast majority staying where they are, so a situation will develop where the energy from the ones who don't advance will be recycled into the ones who do.

The personal self was formed to express the received supporting ideas needed to express a main idea.

Received supporting ideas are ethics, virtue, judgement, determination, and drive and so on which are different from brain processes that use blended energy producing such abilities as insight, understanding and perception, but these received supporting ideas became corrupted, damaged and distorted.

The purpose of an undamaged personal self is to ensure received main ideas from Previous Life are expressed and used in a beneficial way for everybody with no self interest or personal gain.

This means the receiver of a main idea will become a teacher explaining the main idea to others so it's understood correctly and spread through society changing it as a received main idea always changes people who then change society.

When males started to receive ideas they were without emotion as recognised today, mostly guided by received ideas, feelings and Brain Sentience.

Ideas began to be received so humans could start to progress and ideas were also received to form the personal self.

The damage to received, supporting ideas began in males who had a damaging, harmful life, perhaps a bad, painful experience through disease which had a damaging effect on received ideas and the personal self.

While males at this time didn't experience emotional pain they did experience physical pain which could cause damage and with a damaged personal self, starting the process of changing it from a means to express and support received main ideas to a self centered mess in conflict, fear came into existence.

Upon passing all the damaged ideas and energy, including the pain and suffering of a bad death passed into the Earth, then into females damaging and changing them from motivators to criticisers of males damaging them further.

Damage to received ideas and the male personal self continued forcing it to form a me or I, an identity to block and deflect female emotional and mental abuse to protect it, further driven into self interest and ambition to appease females, leading to a male payoff which is usually the approval of females who then deliver sex.

A male payoff always produces gratification or pleasure in some form which are forms of violence produced by a damaged personal self.

A damaged male personal self will talk to others, think, reason, work out ideas, ideas which are usually damaged, the same as an undamaged personal self would, but a damaged personal self is defensive, trying to shield itself from the abuse of females, making it difficult to progress towards gaining advanced brain functions such as perception, insight, understanding and clarity and use them for everyone's benefit.

A damaged male personal self holds beliefs, has an identity, makes choices, thinks of itself real and permanent and worries about what happens to it after death, but really it's an artificial construct formed from energies and ideas from a previous universe constructed to do a job, which is to advance human understanding and complexity so humans can stream more Present Life and Sentience.

Females not receiving ideas don't advance through them like males, but once received ideas have been revealed and become part of human knowledge, females are capable of using that knowledge, gaining understanding and complexity and become able to contribute to the streaming the Life and Sentience of this universe into Previous Life and Sentience.

Females concern themselves with problems that affect people which develops them, rather than technical ones which concern males, and as the emotional content streaming into females from the Earth is mostly toxic and damaged it affects the female brains ability to function producing low quality responses to female problems.

At this time all energy in humans is acquired from outside sources such as the sun, food, air, the soil and Previous Life and there's no energy in humans that might be called human as being human isn't an individual separate, energy, but the unification of all the energies within us.

The word individual means separate from a group outwardly but also contains the meaning of being undivided internally.

It's interesting to go back to the root meaning of a word to get some insight into what the original constructors of words perceived and what

they wanted a word to convey.

Responsibility simply means a person's ability to respond which isn't how it's used today with its implication of carrying a heavy burden or duty.

Once the energies in a person unify true awareness comes into existence, which is what all the practices and beliefs point to, a unified state elevating us, but they don't work, or work only for a lucky or gifted few, as the energy essence used from a previous universe to make us holds back internal unification.

The two biggest blocks to the internal unification of energy happening are illness, which blocks development, and lack of development giving rise to illness, which is why the first step was to develop The Therapy to deal with illness by replacing previous energy essence with the present energy essence of this universe, then produce books to develop further understanding developing us all.

Replacing previous energy essence helps males progress further towards their purpose, but in females while it will help the physical body improve and develop brain functions to help complexity and understanding, it's the way to progress towards Personal Life for males not females.

Females are an expression of the Earths power and energy through which females can gain Personal Life and that power and energy has become toxic and contaminated and so while it's too late to clean the Earth the power and energy from the Earth, called emotional content here, can be filtered through the use of The Therapy enabling females to progress and feel the true intense joy, beauty and happiness of the Earth.

Over time Brain Sentience would increase or decrease the flow of energy essence containing ideas, increasing to give rise to civilisations, empires, science, art and all main idea expressions to push humans forward and to lay the groundwork for future generations, then the flow of energy essence containing ideas would reduce, enabling females to contribute content, or reduce to the point where and those civilisations and empires would fall

having developed and made more complex the humans involved, making way for the next wave of ideas.

Ideas would switch around between different groups of males so some would advance and fall, and then others would do the same, preparing us for what comes next.

The male personal self being composed only from energy essence by the immune system under the direction of Brain Sentience, once formed would link to all energy essence throughout the individual male body in the immune and nervous systems and the brain and bones turning male endeavours outward as electrical energy, governed by energy essence which has the same action, moves outward away from its source.

This linked energy essence wouldn't have the capacity to act like the female energy network or link with other males, but it would give males a distinctive electrical energy field making males recognisable and have a feeling that's now associated with males.

The personal self in males is centralised forming in the brain, beginning as ideas received by viruses anchored in the flow of energy essence forming a centre that energy essence builds up around like a pearl forming around a grain of sand.

A male personal self undamaged would function to express received main ideas in the world and others, but a damaged personal self acts differently.

The personal self starts to form in males from the age of about 3 to about 10 or 11 after which it has an integrated feeling and starts thinking of itself as I, instead of just thinking.

The male personal self has always been constructed with damaged ideas, which are programs, and then the emotional and mental abuse from females damages the male personal self even more putting it into crisis forcing it to adopt an identity, the focus of which is the I, becoming defensive.

When females are emotional and mentally abusive energy is released by the female energy network being absorbed by males, as well as through speech or actions, giving an atmosphere where a young male can feel intently dislike, resentment, fear, hatred, jealousy, spite, criticism, disapproval, anger, irrationality, depression, emotional pain and so on, given off very powerfully by females who are emotionally and mentally damaged themselves.

These emotions are absorbed by young males and as the emotions are programmed energy they become part the male personal self.

This is just the energy given off from the female energy net which radiates the emotional and mental content of females, because along with that is the verbal abuse from mothers, sisters, female relatives, female friends and teachers all joining in because the original purpose of females, which is to motivate males through support and encouragement has become damaged becoming trying to motivate males through constant criticism.

Males with damaged personal selves will also join in with the criticism, based on the energy of male violence so damaging the male personal self as it's forming even more, but in a different way.

Males will also indulge themselves in physical abuse of children a more obvious form of abuse of the young and children, being damaged are also emotionally and mentally abusive to each other.

So the male personal self becomes completely damaged and in crisis by the time the male becomes an adult.

Over time as received ideas become more sophisticated within the male personal self an intellect will form where the received ideas can be received, unpacked, considered and pondered over.

The intellect is an area that forms within the male personal self, when males receive large amounts of energy essence through carefully positioned viruses, an area which is linked to the brain and skull.

Ideas flowing through energy essence from Previous Life into this bubble of energy essence, referred to as the intellect by humans, is where the ideas, which are effectively programs, will be looked at further on in the piece on the intellect.

The problem of the personal self is one of suffering and can't be solved on an individual level as even if a person is helped with their suffering the conditions that caused it are still there, so the problem has to be fundamentally solved by changing the energy essence through the use of The Therapy, in both males and females, to eliminate all the harm and damage done and continues being done.

Before The Therapy, which changes and filters the energy that makes up human content, all that was available to change people was religion and philosophy and in more recent times therapies and drugs all of which fail either short or long term because the underlying problem which is the energy of human content remains unchanged.

It may be through therapy and counselling a person stops drink and drug abuse and lives a peaceful life, but that's stopping the more extreme effects of damage to the personal self and emotional and mental abuse, which is obviously beneficial, but the causes remain which a person has to live with.

In males, if the flow of energy essence from Previous Life supplied from a previous universe stopped then there would be no more suffering by males, which is the end result of the damaged personal self and that would also mean no more personal self and no more intellect and received ideas.

If this was done, without replacing the received energy essence with the energy essence of this universe enabling males to continue independently developing and contributing, it would mean no more progress and an end to the purpose and point of male existence, giving males a virtual lobotomy, becoming useless in society.

But, The Therapy passes the energy essence of this universe into a person's body where it goes into viruses from where it replaces all the energy

essence in a person from a previous universe this includes the functioning of systems and processes along with ending the personal self and intellect.

By exchanging previous energy essence for the energy essence of this universe, the whole of human existence changes so systems in the body work better and are more efficient, with ideas coming from perceived insight, rather than received from Previous Life.

In other words males have matured to the point where they can go it alone instead of being breastfed received ideas continually in order to function and contribute.

Every male on Earth would have to use and receive The Therapy at a fairly early age, probably late teens or earlier in order to receive the health benefits of using The Therapy and to change from previous energy essence to the energy essence of this universe which will probably take decades.

Energy essence from a previous universe doesn't work in this one very well and it allows conflict to damage the received ideas streamed through it and the ending of received ideas won't be a problem to humans as after using The Therapy they will be far enough along in development not to need them and can form their own ideas from perception.

The Therapy couldn't be developed until the key parts of it, rechargeable batteries and washing powder had been invented, showing human males were ready to proceed.

Millions of years ago the Life and Sentience of this universe formed two types of life: fixed and mobile.

Fixed life such as plants and trees always stayed under the guardianship of the Life and Sentience of this universe, while mobile life, that is humans, animals, birds, fish, insects, reptiles and everything mobile was developed further by Previous Life and Sentience.

Separating mobile life from the soil meant that it would eventually develop independently of Life and Sentience, previous and present, until the more

advance life, humans, threw off the control of Previous Life and Sentience by ending the personal self, making it possible to become Personal Life.

Being free of the programming of the personal self and received ideas males will continue the process of development becoming more complex and gaining advanced understanding which is the way towards Personal Life.

This effectively gives the development of humans to humans with Brain Sentience leaving the brains of humans allowing humans to go forward independently in the hope we will find something new, never before discovered in any previous universe.

[13 – The Female Personal Self](#)

The personal self in females doesn't form in the brain from energy essence and received ideas like males, but in the energy network in the female body making the female personal self decentralised with an ability to communicate thanks to bacterial soil energy.

The female personal self can be made from and use any of the energies contained in the female energy network in their bodies, working with and through the brain and due to the changing content of the energy network and the brains ability to select different energies, the female personal self is continually changing.

Enough energy essence passes into females during mating to be passed on to form systems in female children, but not enough to form a personal self and females have no other source of energy essence as females do not receive it through viruses.

This limited amount of energy essence gives females a weakness in their bones as in a male, surplus energy essence passes into the bones strengthening the skeleton, but females don't get this leaving them open to brittle bone conditions.

The female personal self exists in the individual female network composed from the emotional content receive from soil bacteria in the Earth.

Emotional content is the term used for everything received which originally was the power of the Earth which would develop into females having an appreciation for nature, beauty, life and art invoking an emotional response.

Also in this clean emotional content were the life and emotions of dead humans and other forms of life the remains of which had found their way into the soil to be processed and harvested by soil bacteria making them something more than programs which have to be rigidly adhered to, as in males, but energies having powerful influences, making females influencers.

Emotions back then started as received ideas by males to support the expression of main ideas and included ethics and virtue.

When a male died and his life experiences and received ideas passed into the Earth to be transformed by the power and meaning in the soil into emotions, which are ethics and virtue empowered, and from there they were transmitted into the female energy network via soil bacteria as part of the emotional content.

Clean, uncontaminated, original emotional content, when used by the brain to form a female personal self was a thing of beauty, unique, forming individuality and can still be seen in part, occasionally, today when it's not buried under what came later.

Not being programmed meant female action was free and spontaneous without boundaries or restrictions and the differences between females like this and programmed males full of received ideas could be clearly seen and because it could be clearly seen females saw that males needed to be supported and encouraged in expressing their ideas in the world for the benefit of all especially children, the female main priority.

This was something females wanted to do because they saw the necessary of it and mutual cooperation to survive and slowly, through great hardship, humans formed settlement and societies improving life, but then the female emotional well became poisoned with damaged programs and toxic and polluted energy.

Male received ideas and programming became damaged by the hardship of life, disease, suffering and a bad ending which entered the soil, was empowered and passed into females changing the female personal self into something that started to express itself in harmful ways.

Instead of being encouraging and supportive of males motivating them, the inherited pain and suffering expressed itself as criticism and inflicting pain and cruelty to drive males, not motivate them, damaging them further.

Then the male personal self formed from supportive received ideas was damaged and continually damaged by female mental and emotional abuse.

In recent times toxic and polluted energy from chemicals and dead insect life went into the soil, was empowered in the soil by the power of the Earth and passed into females to drive them to do more harm to males damaging received ideas even more and causing irrational behaviour.

Toxic energy damages human systems and processes whereas the energy from pollution tends to block and inhibit systems and processes arriving at the situation we are now in where males just express violence and a female emotional and mental abuse.

Males want to dominate and control females do stop them attacking them and females want to tear down and replace anything males have built.

In modern times the main feature of the female personal self is vanity which arises due to the appreciation of nature, life, beauty and art coming from the power of the Earth which contributes to the female personal self diminishing making females feel like they are losing power, which they are.

Females then become self obsessed with looks, appearance and life style in order to be admired, empowered and gain a feeling of worth.

Females deposit energy from the energy network within them into eggs, internally and males externally.

The energy deposited internally into eggs as part of the reproductive cycle is automatic and the female is unable to change its content which is filtered and processed by the placenta, but the energy deposited in males is under the control of the female, deciding who gets the energy and what it contains.

Originally the energy deposited was clean so the energy deposited into males was a motivational, enlivening energy as deposited energy is egg energy, or the energy that motivates the forming of physical life which acts the same in an egg or human male.

The energy deposited promoted the expression of a main idea by males by supplying the energy needed to give the idea life and motivation to which males add the penetrating energy of male insight causing conception, releasing the main idea as a conception to be expressed in the physical world.

Conception is where two energies meet and fuse with the resultant energy being able to work, form and shape matter in the physical world, such as with a child from the moment of conception, but the act of conception occurs in a lot of human activity such as with the birth of concepts, ideas, actions, civilisations and nations, all involving birth preceded by conception.

The deposits of energy in males are packets of energy like eggs, but now are no longer clean, but as the female energy network is contaminated with toxic, polluted energy so are the energy eggs, which females do have control over, who gets them, what the energy content is, its strength and what they can do and the energy eggs can be deposited at a distance of 1 or 2 metres without physical contact required.

This means a female can inflict damage to males over distance causing emotional pain, fear, obsession, desire, rejection and much more depending if the female wishes to harm a male, or reject or accept him.

The egg energy can also cause a male to lose interest, motivation and energy due to its now toxic nature.

Everything that's happened to females and males has been done to personalise modern humans and give humans content, making humans more complex with advanced understanding, pushing humans from being passive and inactive to active looking to advance.

Modern humans have reached the point where they are physically developed with systems and abilities gained from energy essence and bacterial energy, but need to advance mentally and emotionally.

The ideas and emotions we have now are different than how they started having been damaged in males by conflict and then being damaged further by the horrors of life and death of people and other forms of life that had passed and gone into the soil where they were transformed and transmitted through bacteria to living females.

The problems of human life are building up to form pressure: we have an inefficient energy essence from a previous universe, we have damaged ideas and emotions, males are driven by violence, females by vanity, we are ill and distorted and have stopped developing, received ideas are damaged, but it's all part of the plan to move us on.

The appearance of the personal self having a real existence in any meaningful sense is a delusion, but its existence has led to the study of it making humans more complex and gaining further understanding, but it's just a means to an end.

Over thousands of years the personal self has become more and more complex driving the need to continually understand it, but with much suffering as a consequence.

Perhaps the main problem caused by the existence of the personal self is conflict and violence caused as much by its existence as well as its actions.

In females the natural, unpolluted energies and powers of the Earth were to form a personal self in females expressing beauty, art and the power of the Earth which would draw females to the Earth powers and energies elevating them a process that's become blocked and needs to restart.

14 – The Male Intellect

The intellect is the part of the male personal self where programming ideas from Previous Life are received and stored, released through the penetration of male insight and nurtured and supported by the egg energy passed into males from females showing that the act of conception and its effects, results and consequences play a significant role in human existence appearing everywhere.

Once released into the storage area which forms the intellect the energy from the released main or supporting idea is processed by the brain and pondered over deciding whether the ideas are to form the male personal self, or supportive to the main idea or the main idea itself.

Energy essence helps with this process by forming specialised viruses which attach to ideas, labelling those ideas into categories and sub categories.

The intellect is an area in the brain full of viruses formed from energy essence streaming received ideas from Previous Life, which is the storehouse of previous existence, selected and transmitted by Brain Sentience.

It's like radio transmissions where the broadcasting station is Previous Life, the broadcaster selecting content is Brain Sentience selecting ideas, energy essence is the transmission medium of the content and viruses act as a radio receiving and broadcasting.

Unlike radio though the transmission medium which is energy essence, forms its own receiver which are viruses, formed from the energy of the universe it came from which doesn't quite work in this one causing a split

between the receivers of ideas and the benefactors which grows over time into specialisation.

All unprocessed energy, which is unprocessed by either human or device, contains information.

There are many different viruses formed from energy essence and programmed by it, programming which is added to the received ideas giving them a spin and vigour which labels and categorises the ideas.

Many different viruses are formed and loosely fall into groups such as artistic, philosophical, industrial, scientific, technical, social, humanitarian, religious and maintenance so imparting their programming to the received ideas giving them a more accurate expression in the world and to guide the brain as to their use as the purpose of many main ideas isn't apparent until they are well developed and many main ideas just prepare the ground for the next main idea.

When programming ideas were received thousands of years ago to promote farming, public works, culture, art, science, philosophy and so on the viruses that received them in the human brain contained what humans would see as an artistic bias which was added to the received ideas giving them artistic energy and the virus ability to spread.

The alternative to artistic bias would be a technical bias which has gone on to replace artistic bias, or feeling, in modern times as expressions such as painting, art, dance, literature and music have all become technical expressions rather than artistic.

Religious ideas were received by viruses containing what humans would see as religious energy forming that category of human endeavour gaining the viruses ability to spread quickly taking root in society.

What might be called religious viruses in others would support the spread and acceptance of those particular religious ideas in others, the same being true for other categories of human endeavour such as industry and technology although technical ideas would need much more support from supportive ideas.

Most received ideas are maintenance ideas where human development going forward is put on hold and just maintained while social change and development, provided by females, catches up, but major changes in human development need specific viruses to support them.

These types of viruses are called cold viruses and have been used in the past to support the received ideas of the industrial and technological revolution and are changing life again now during 2020 and going forward.

Received, or programming, ideas are streamed at different times during the lifetime of a male depending on where they are with their development and what they're ready for and it's quite interesting when a male with no training or education comes up with something completely new, due to received ideas, which has happened quite a lot throughout history.

This doesn't mean that females don't have ideas, they can work out ideas, but females don't receive ideas.

Received, main programming ideas were given to shape the course of human development so humanity was steered away from some paths and down others.

Through supportive programming ideas, individual males could be shaped changing future generations which also could be shaped.

Received, programming ideas are:

Main ideas that change everything, so advancing humanity in a different direction.

Supportive ideas that brings a personal self into existence which supports and expresses main ideas.

Supportive ideas that program male actions regarding the way main ideas are expressed by males.

Supporting ideas that are carried out in the world enabling main ideas to spread and be accepted.

Supporting ideas that program males that pass on the talents and abilities needed to carry out main ideas, such as judgement, skill, talent, expression, and an ability to absorb programs and their implications.

Received programming ideas that govern the actions and expressions of males include ethics and virtues.

Received programming ideas that are expressed in the world include main ideas and many supporting ideas.

Over time main ideas become supporting ideas for the next main idea.

Received ideas also need to be disseminated through the receiving male's body to bring them in line with this universe which is done by the way viruses replicate.

Once received ideas leave the intellect they enter the bones and from there change the body condition of the male to support the expression of the received ideas in the physical world.

To bring ideas into line the virus has to absorb the energy from cells in order for the virus and the ideas contained within to come into alignment with the physical existence of this universe so viruses, energy, human life and the matter of this universe are all vibrating on the same frequency.

Viruses are unable to self replicate, like bacteria, but need to invade a cell to replicate so destroying the cell and releasing the energy stored in the genetics which can and does, change the virus enabling information from received ideas to be spread through the energy in cells.

If the energy released from the cell is beneficial, that is it can help the spread of ideas or programming through the male's body without causing harm, the released energy changes the virus to a next generation one, taking the spread of programming into the cells.

But if the energy in the cells is harmful and it always is because we have the energy of insects, reptiles, birds, pollution and so on in our cells, then the energy changes the virus from an information carrier to something that causes serious illness because the ideas contained in the virus has been reprogrammed by harmful energy from cells.

This is why virus can kill the host even through it means the end of the virus, it's because the virus has been reprogrammed to do so depending on how harmful and how much of it there is of harmful energy in the cells.

To develop mentally, emotionally and physically humanity has always needed received programming ideas until we have developed far enough to continue without them in a more independent way which is the point humanity is coming to.

At this time we are the construct of Life and Sentience expressing received programming ideas and expressing and receiving various energies from different sources which are processed and recycled or if it's the Life of this universe passed on to Previous Life with understanding passed on to Previous Sentience.

Humans are like computers with a personal self, or AI, expressing programs which are like apps totally dependent on everything given, but that's just a step on the way towards being free of programming and becoming creative for which using The Therapy will be needed.

Received programming ideas are stored in the intellect until they are ready to break open and their energy fills the brain of the male receiving them giving drive and a need to express those ideas.

Sometimes the ideas are grasped instantly like a light going on other times it's a gradual realisation as if the idea has been crept up on.

Power from received ideas enters the male bones strengthening them forming a physical support for the male to express those ideas giving a touchstone of strength and certainty.

An idea is received in response to an observed situation in the world where a male asks himself how such a thing being observed can be done better.

Received ideas are just that, a way of making something better, in human eyes and received ideas are always technical, which reveals the best way to make or form something from a male point of view.

Art for instance, for a male is a technical expression, not an artistic one, although females make look at such art and see great beauty and artistic achievement, but such views in a female come from the Power of the Earth which males give to, but don't draw from or have access to.

Some ideas are received, but not expressed as the male receiving them felt unable to do so or was swamped by the implications, or forced into inaction through the efforts of others, spending a life in regret, but this too is all part of the process of humanity exploring different ways, as today seeming failure is just the platform for tomorrows success - success being that which benefits others not damaging others through personal gain and exploitation.

[15 – War and Disease](#)

Bacteria and viruses were used internally in humans by Previous Life and Brain Sentience to form the personal self resulting into beneficial or harmful action in the world, but what about what was done to humans externally in order to advance humanity?

To change humanity through external means wars, disasters, famine and disease were used to put humans under pressure to try to find a way out and to develop.

Disease can be seen as a very strong motivation to develop medicine to treat such conditions with drugs and vaccines developed and over time more and better treatments were found to develop understanding and complexity in humans, but what about all the deaths through disease before a treatment was found and also the deaths through wars, famine and disaster?

The reason was to put humans under tremendous pressure as survival was threatened making it personal so technological advance became very rapid.

Humans leap forward during wars technologically producing more complex humans with an increased capacity to understand, but if that's what's wanted from us why can't it be done peacefully, such as the moon landings?

The problem here is that it could be done peacefully, but human males are not peaceful due to the existence of a damaged personal self expressing itself as violence and conflict leading to war, slaughter, and atrocities and so on.

This in no way excuses male violence or gives licence to the violence males do, but when its directed and used constructively, does build societies, which in comparison to where humans were a hundred years ago, is a great improvement, but the problems with violent individuals in a society and this includes emotionally and mentally abusive females, are now turning those societies into very dangerous places.

Wars and conflict are produced by violent males and females which all humans are at this time.

Females expressing emotional and mental abuse are being violent, a different energy used than with male violence it is true and is why females are seen as being non violent as the energy expressed is different from male violent energy, but the female energy expressed harms and damages just like male violence.

Once the damage causing violence in humans has gone we can continue our own development in peace free of the drives that have advanced and persecuted humans for thousands of years although at great cost and a completely different type of human will emerge with a completely different internal motivation.

Bacteria and viruses and any pathogen are not random and don't just appear, but are placed on Earth by the action of Previous Life and Brain Sentience, so why bring physical life into existence and then bring forth plagues, for example which kill millions?

The people who die have been individually selected.

There have been major outbreaks of plague over the last 2000 years with no possibility of stopping them with the existing medical knowledge.

Even with the incentive of death sweeping through populations medical knowledge was hundreds, if not thousands of years away from an effective treatment, so nobody who died did so to advance human understanding or complexity, although such death would drive others through fear and all the energy of bad, horrific deaths going into the soil would end up in females, so what was the point?

Death by virus is different from death by bacteria although they both serve the same function in that the energy of the bacteria or virus infects and spreads through the energy of the infected person blending with that energy.

Plagues caused by bacteria mean that all the people who die do so as a connected group forming one, large connected energy which returns to the blended energy in the Earth because bacteria connects the energy of people.

Bacterial infections in males allow this connection to form which without the illness would be females only.

Where a bacterial plague has killed millions and this huge connected energy has returned to the Earth it then starts to spread through the blended energy there the same as bacteria spread and as there's so much of it, the blended energy begins to acquire the abilities of the bacterial energy meaning it becomes more connected.

Up to recently, that is up to the last 10,000 years the blended energy in the Earth has been blended and semi-connected, and has been mainly used to

advance physical life, but this bacterial energy makes it fully connected so that when this energy is cycled back into humans they will become more connected, giving more of a balance in males, who are dominated by virus energy and increasing the empathic abilities in females advancing the abilities of humans.

This increased connection with energy makes us first of all more conscious of it in ourselves and the outside world leading to a broader and deeper understanding of it.

We don't see it as energy, but as feelings, thoughts and empathy becoming another way for humans to develop and to prepare us for what's coming next, understanding, self motivation and true awareness to name a few.

Plagues where millions have died by virus or bacteria are a means to harvest human energy and to feed it into the blended energy in the Earth changing that energy so when it's recycled back into humans they are changed and advanced.

Death by virus is different as a person dying from say the flu of 1918/19 would die separate, unconnected, unlike death by bacteria, so the energy returned to the blended energy in the Earth when recycled back into humans would stimulate the intellect and spur the advances of the last thousands of years.

Another point with plagues and pandemics is that if millions die, why some and not others?

In the past it's been seen as luck, fate, karma, divine will or even natural selection, but what is actually happening?

The ones who die have been selectively bred for this over many generations, to die when a certain pathogen comes along so that vast amounts of selected human and pathogen energy can be returned to the blended energy in the Earth all at once to change it and to change humans when this recycled energy passes back to them.

Life and Sentience have bred humans for their specific purposes and have been genetically engineering us right from the start and these mass extinction events caused by pathogens used to recycle energy to advance humans is just more of the same.

The ones who die have been advanced in a certain direction over many generations and they are killed in vast numbers so their special energy has enough of an impact on the blended energy of the Earth and the people that energy is recycled into, so nobody really dies only the physical.

It's been done with other species where they have been made to go extinct so their energies can be recycled all at once having a greater impact on the Earth's blended energy and later humans.

Death from disease and wars have massively increased over the last 6,000 years since the arrival of the personal self to accelerate humanity, increase the pressure on humans and prepare us for the next phase of human existence.

It seems brutal to us on the sharp end, but so is weeding the garden from the plants point of view and we're born with no guarantees, but we are now in a position to move on and have some input over the way we develop.

Other mass extinction events such as wars come from inner conflict caused by the existence of a personal self in males composed of damaged received ideas given more force from internal conflict, expressed in the world as violence, possibly leading to conflict, war and atrocity.

These actions are not caused by Previous Life and Sentience directly, but by making the male personal self from received ideas which have become damaged, violent outcomes will happen which advances their purpose producing enormous challenges for the survivors, societies and subsequent generations.

As the death of people due to conflict and war isn't due to a pathogen the human energy returning to the blended energy in the Earth is damaged in

different ways.

Where violent death is caused by gas the energy of the gas tends to soak into the recycled energy so when it's recycled back into humans those humans tend to be prone to depression and suicide and it can be passed on to future generations.

Violent death caused by impact such as explosions, bullets or other forms of impact tends to shatter the energy of the person killed so when that energy is recycled back into humans many fragments from many different humans end up in individuals.

This gives rise to a broken, fragmented internal condition, leading to broken minds and personalities, homes, relationships, changing jobs, moving around, always in opposition, never being happy and so on.

Violent death by drowning smothers and suffocates the person and imprints their energy so when it's recycled back into humanity gives rise to the many phobias in people involving being smothered or controlled which unfortunately is the action and expression of bacteria in females causing many problems between individuals.

Such people avoid large bodies of water and generally never learn to swim.

Death through fire doesn't seem to affect the energy of a person before recycling into others even making it stronger, but it's not recommended being a very painful way to die.

Through their actions both Brain Sentience, violent males and females driving males on by demanding resources and protection are responsible for wars and conflict, Brain Sentience for using energy essence from a previous universe and received ideas which become damaged to fashion the male personal self, males for expressing that personal self destructively with Brain Sentience taking advantage of the results and females wanting and demanding.

Females do rein in male violence when confronted by it and can even absorb it and domesticate males somewhat, but that is risky for females

often becoming victims of violence.

The energy of humans killed in war recycled back into humanity produces damaged humans suffering badly which Brain Sentience sees as a means for humans to advance through understanding their condition and medical treatment.

Destructive violence needs to be reined in by males themselves, then directed and used constructively with the personal self in males and females, disappearing after a different understanding, control and use of a different energy, which is creativity, comes into existence.

Males enjoy releasing violence as not only does the internal pressure release along with rage, anger, hatred, and aggression and so on which in males are more violent states than emotions and as virus energy isn't alive and males have no true, meaningful emotions, the release of violent energy with the accompanying feelings makes males feel alive.

The greater the violence expressed the more the feeling of being alive and is the road to conflict and war.

Conflict and violence come into existence due to the existence of the personal self which then tries to suppress the conflict by using will and mental effort which are extensions of violence adding to the conflict.

Suppressing conflict with will and effort is just another expression of violence and male violence spreading from the personal self throughout the male body changes the body condition.

Another way violence is stimulated in males is through disease causing pain and distress causing more outbursts of anger and violence and why the starting point for progress is to use The Therapy first from start to finish.

Male violence can be tackled, but not without the cooperation of males wanting to change and to do that pain and suffering have to go after which understanding comes.

16 – Afterword

Thank you for reading this book and it's hoped some understanding came from it.

This is the second book of what will be a trilogy beginning with Life and Sentience which dealt with the arrival of physical life on Earth and some of its development.

This book looks at the arrival and development of the content of human life leading up to where humans are now.

The books are written in layers with the first version usually laying out the basic plan of the book with chapter headings, the starting and end point and working out some of the content when it's usually posted on line where at least it's available if yours truly falls under a bus.

The next layer or version adds to this after months of pondering, perceiving, learning, examining and studying the source material for insights related to the book being written as it's obvious to all that males are violent and females are abusive, but to track the energies back to their point of origin and to see why such things are happening needs time and study.

Also new insights take time for the brain to process and absorb which can be a shock to the brain being brought up in a society with certain beliefs and ways accepted by all as some kind of universal truth and then it comes as a shock when new insights and perceptions shatter the old view, opening the brain to a whole new experience and existence.

This book may be revised again next year with the arrival of new insights and understanding and to fit it better with what's revealed in the next and third part of this trilogy, but it's all part of the journey.

It was always the point of these books that followed on after The Therapy was worked out and hopefully used, that a person being free of illness with recovered health and strength, for those people the journey wasn't over, but they had simply arrived at the start line ready and able to advance and develop in amazing ways.

The intention for the books was to be original with new content and discoveries with revelations rather than just another way, perhaps a more modern way, of rehashing what had been said and wrote about in the past, probably better.

The next book will complete this trilogy of human existence and will look at where humanity goes from here and what is possible for us.

Three books will form The Existence Trilogy and is the basis of what will come later in future books, probably all written as trilogies, going deeper into various subjects, skimmed over so far which was done to just present a general, overall picture as a starting point.

Please take care and stay safe...Richard x



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