



# Control Your Destiny

Develop Power over Kismet

Jeff Tikari

# **CONTROL YOUR DESTINY**

Develop Power over Kismet

**JEFF TIKARI**

© Copyright Jeff Tikari 2018

Cover photo: Vidya Tikari

This e-book is an authorised free edition from [www.obooko.com](http://www.obooko.com)

Although you do not have to pay for this book, the author's intellectual property rights remain fully protected by international Copyright laws. You are licensed to use this digital copy strictly for your personal enjoyment only. This edition must not be hosted or redistributed on other websites without the author's written permission nor offered for sale in any form. If you paid for this book, or to gain access to it, we suggest you demand a refund and report the transaction to the author.

## Introduction

This presentation is a collection of thoughts and possibilities – some thoughts are mine, others have been suggested and written about in different publications for some time now. I do not remember who wrote them for it has become part of the arguments when we discuss matters of the mind.

I thank all those who have added material to enhance our thought processes.

Jeff Tikari.

1.

Any and everything is possible.

Everything, in *Human terms*, would include embracing new matter and energy. There are an unimaginable number of thoughts, ideas and possibilities that are available in the universe, seeded there by a large number of thinking beings from across the ether & space and over the millenniums. Our Human thinking range is minute and limited in comparison to what is available out there. As we mentally progress and grow, the magnitude of our thoughts and imaginations will find answers to what are there and were always there and available.

A few hundred years ago we could not conceive of traveling through space, but when we commenced mental preparations, a science and mathematics available to us were available to us.

2.

The Universe strangely behaves as per our basic laws – the laws of physics and mathematics. We are, therefore, led to believe that the Laws of Physics, which we have formulated and evolved, applies to the entire Universe Only further investigation of the fourth dimension will tell.

3.

Great riches can be accumulated by hard and diligent work...

Great wealth, paradoxically, cannot be accumulated by hard work alone; it needs profound belief in attainment, faith and deep conviction to make dreams come true.

4.

We think and behave as per the laws and ways that pertain within the aura of our life and sensibilities, for beyond that there is another dimension the ways of which we do not know! A dimension where our physics and mathematics may not apply.

5.

You can have and develop a deep *Faith* in yourself which faith will lift you to unimaginable heights. (Faith can move mountains...Mathew 17:20).

6.

We have more school drop-outs today than we ever did. Maybe this is pointing to a future trend – a drift where today's methods and forms of instruction need to change; perhaps in the near future video audio gadget will be the form of instruction? Or shall we let our imagination take wings and picture the future human young educated not in an institution, but fully accomplished, adept and educated with the help of a programmed chip implanted within the body; a chip that can be continually up-dated and which is capable of releasing data as per the demands of a budding brain.

7.

Self-hypnosis can persuade the subconscious to change and alter the basic foundational structure of the human genome much faster than evolution can. Self-hypnosis and deep concentration can remove genetical and birth malformations or disfigurements caused by external physical (accidental) episodes.

If in an accident, say, an arm is completely mutilated and wrenched from the socket, it could with deep concentrated hypnosis be made to grow again. The latent limb growing cells are there forever and need the force of the subconscious's push to stimulate them into growth again. Reptiles and lizards, etc. already possess this faculty.

There have been reports of humans growing lost teeth again; of growing a full head of hair again. These are not mutant oddities, though they appear to be so, but point to the fact that a possibility exists. If it happens once as a freak chance, it can happen again repeatedly. We have to single mindedly convince our subconscious to do so. There are many examples and instances we can study (elephants regrow about six sets of teeth).

8.

All living beings have the spark of God within them. Scientists, biologists, psychologists, thinkers, sages and mystics have pointed to and made us aware of the God-Spark within us. Ritual prayers and entreaties offered at temples of worship are not necessarily the only way, for the *aura* of the Ultimate wisdom is encapsulated inside us.

We need confidence and faith in the power within. Once *Man* addresses the power within him/herself, a new *being* will have been born: a *being* with limitless longevity; a *being* with infinite power; a *being* with divine intelligence and *spirituality*.

That, I think, is likely the future of the *Human genome*

9.

One can examine every aspect and buildup of ones being and remove those facets one wishes to by employing repeated and deep auto-suggestion. As mentioned earlier, the subconscious is more powerful than we can imagine and can change the human ethos, mind and the bodyphysically very substantially.

10.

In yester years a university degree indicated that the holder had studied Science or art subjects extensively. Today this is narrowed down to more specific subjects and the holder is clubbed with a polymer of similarly qualified contenders. A job provider is now required to select a candidate on the strength of other aptitudes, for all applicants would have the selfsame degrees.

11.

Our education system is not dissimilar to commercial production lines and is set to produce humans with analogous qualifications, mental aptitudes, ideas, and outlooks.

A person with a PhD in, say, the study of Himalayan vultures and their nesting habits would be exceptionally learned of their way of life, etc. But would be at sea if told to lecture on the nesting ways of the desert sidewinder serpent.

12.

Every action is initiated by a thought or idea in the cerebrum. Ideas are constantly broadcast through the Universe and when we put ourselves in a proper receptive mood, an idea sticks – an idea that we have been seeking. It is a great moment of satisfaction and cheer.

13.

The subconscious is the repository of every thought and incident, even fleeting ones which are recorded and enshrined there forever. Sometimes a conscious thought tweaks the memory and suddenly the incident is recalled.

14.

Our brain output, our thinking and desires are pure *energy*. When we convert our desire to the attainment of, say, a wrist watch, we have converted thought energy into matter.

15.

Fear - There are two types of fear: good fear and bad fear. Good fear is spontaneous: when you lose your step and fear falling; when there is a threat and you fear hurting yourself. You can have fear for others, as when you see someone in the path of an oncoming car.

The second fear is when you contemplate and think about consequential fear: if you go up that rickety ladder you may slip and fall; if you run across the road you may be hit by a car; if you climb over the gate, the dog sitting on the other side may make a meal of your leg; if you do not fulfil the requirements of your religion, your dog lacerated leg will roast in the fires of hell.

The first fear is spontaneous and self-preserving. The second one is debilitating, worrying and mind numbing; calculated to strike fear in your heart.

16.

Secret – secret are basically fear; fear of being exposed; fear of ridicule, fear of losing that which one has discovered or planned; a cloistered knowledge that allows one a sense of superiority. Secrets amongst the young reflect insecurity – which is a basic fear in one who is as yet uncertain and is discovering emotions and reflections that are thus far transient and changing.

17.

Inner Chatter (talk) – We normally do not hear, notice or pay attention to the constant chatter that goes on inside our heads. This chatter is very important – it makes you what you are; it moulds your determination, your outlook and behaviour; and if you wish to change any aspect of yourself, look and pay attention to the inner chatter.

A happy time will produce happy inner conversations ... jubilant thoughts and happy lilting threads of music; a lightness of heart and a tendency to throw back the head and smile gloriously or even sing with jubilation.

18.

Criticism – to be of importance must carry the seed of value, improvement and good intentions.

Malicious and demeaning criticism which imparts no value for improvement and betterment is mostly a ‘put down’ and should be avoided for it adversely affects the progenitor as well.

19.

We are exhorted, admonished and urged to clear our minds of all ‘wants and desires’.

This is not possible as the expression is an oxymoron. For to desire to clear our minds of all desires is a desire anyway; and similarly to want to remove all ‘want’ is also a want in itself.



‘Want’ and ‘desire’ are the basics of all life. Animals, birds, insects, all want to survive, eat and desire to procreate, multiply and thrive. The achievement of each of these functions gives them life, satisfaction and happiness which selfsame happiness the ‘human race’ seeks and desires and cannot exist without.

20.

Psychology deals almost exclusively with ‘desire and want’; its many manifestations and impressions and its force and imprints that tone and influence our responsiveness. A fine equilibrium the quotient of which dictates our myriad ways is the general goal; any deviation or lac impresses a suppression of the normal flow encouraging eccentricity or abnormality.

21.

A person’s age should not be compartmentalized into 12 month periods. Life should not be measured, but should be seen as a flow that started at birth and flows continuously gathering experiences and mental pictures of life.

22.

One aspect of being imaginative involves seeing images of what can be created and backing them by the stored experiences within ...instead, try imagining from without not using the inner stored aura of sensibilities and experiences. You will then have something unique; something that will surprise you.

23.

Doubts and insecurities in your mind are the critics and enemies of an idea unmaturing as yet. Friends and relatives can be the assassins of your virgin idea.

Bear in mind that the idea fertilized in your mind, it is yours; Wet it and assess it, but don’t let anyone unjustly vilify it.

24.

If you are thinking of an idea repetitively, day in and day out, your mind becomes sensitive and attuned to the idea and your concentration attracts like ideas from the ever transmitting Universe. You will be pleasantly surprised with the plethora of ideas available.

25.

The Subconscious: Is the God particle within us; it is the force of the supreme Universal and Infinite Intelligence. It is that part of the larger brain that the *Human Race* has been able to use only about 4-5 percent of. All our progressive thrust, all that we are proud of has only been from within that small percentage.

26.

Accept that no one else thinks like you; if someone does, you are winning; if no one does, you are still winning for you have found another way.

27.

Our brains are at every moment receiving and broadcasting thoughts. Scientific and biological doctors estimate we receive thousands of thoughts per second none of which is consciously recorded. Only those thoughts that we are searching are fleetingly recorded and available to us. A delay or lapse in concentration can remove the thought when it will become lost.

28.

Self-hypnosis or auto suggestion is the most powerful force that we know of. It comes about by constantly repeating that which one wishes to manifest. Repeat the thought through the day or write it many times. Once the thought or wish is deeply imbedded it enters and is accepted by your subconscious mind. It then becomes extremely powerful, as powerful as if it were divinely imbedded. Nothing then can stop it.

29.

Not all thoughts and ways stored in the subconscious are there by auto-suggestion. A lot of them are keyed in by inheritance; for example, our ways and behaviors, thoughts and functionings and instincts. This list would include our foundational and deeply imbedded make-up of life influences, the path and progress to old age and finally to death. These are inherited and learned functions and so can be un-learned and removed from the controlling ways of our subconscious.

29a

The new age:

We have now entered a period of awareness, of enlightenment; a period where we leave behind the old, the oppressive and guilt laden existence to open our sensibilities to the wonders and miraculous powers within us ... within our subconscious. The omnipotent, the eternal, the sublime Universal Intelligence and the supremacy that lies within us. A power which when fully recognized will reveal and be recognized as being of the eternal universal energy and intelligence which IS the Universe

30.

We know that repetition of an idea induces self-hypnosis which powerful and single-minded state eventually and strongly subjects the subconscious (the God particle within us) to accept the initiative – be it false or untenable (the subconscious is not judgmental). Once the proposal is accepted, the subconscious will power the mind and the physical organism to follow its dictates.

Now the choice is yours and ours as to what we wish to seriously alter and induct into the *Human genome*.

*Would we like to cure a disease?*

*Would we like to immunize our bodies from all ailments?*

*Would we like happiness through our lives?*

*Would we like wealth and never be in lac?*

*Would we like ... etcetera, etcetera, etcetera et all?*

What we would really desire, and I am saying this for all, is to have ***power over our lives! The power to live as long as we like; the power to live our own separate destinies; and the power to influence our fate with our personal choice.***

And why not?

We are the only species that can think, induce, coerce, and compel the subconscious to heed to repeated forceful inductions/incantations.

We are the only life on this Planet that can *think, can reason and compute consequences.*

It is time ... it is high time, for us to singly or in groups, impress, impact, and impel the subconscious power within each of us to accede to our intense and repeated persuasions.

Only then will we abort and terminate this **animalistic existence** of birth, a measured life span with impending old age followed by certain, compelling and enforced death.

It is time ... it is high time the human '**Being**' emerged, materialized from the common species nomenclature to symbolize its own distinct terminology embracing a unique essence: an essence that would trumpet and acclaim the birth of a superior **presence**. A presence bolstered by our subconscious's collaboration, and augmented by the Devine flame within each one of us.

JEFF TIKARI

M-12/24, DLF City II, Gurgaon,

INDIA 122002

Ph: (M) 9873221510; 91-124 - 4011952; 2350298.

To view more writings or to contact the author,

Mail him at: [jtikari@gmail.com](mailto:jtikari@gmail.com) or visit his web page at: [www.jefftikari.com](http://www.jefftikari.com)